

# MUSIC city COUNSELOR

Thank you for your purchase!



Please contact me any time at  
[laura@musiccitycounselor.com](mailto:laura@musiccitycounselor.com) if you have  
questions, suggestions, or requests for  
resources! I am here for you!

let's connect!



For helpful ideas and free resources, please check out my website!  
[www.musiccitycounselor.com](http://www.musiccitycounselor.com)

# this resource includes...

This product includes the printable resources listed below.

You choose which resources best fit the needs and abilities of your students!

Looking for the **digital for Google Slides** versions of these resources?

Click on the PDF included in the zip file with DIGITAL in the title!

- 10 Monthly Social Skills of the Month Posters:
  - Full Color
  - Black Line
- "You've Been Caught \_\_\_\_\_" Certificates
  - Full Color
  - Black Line
- My Monthly Social Skills Coloring Book (for lower elementary students)
- My Monthly Social Skills Activity Book (for upper elementary students)

\*In a separate PDF file is the older version with the Dot Dudes clipart posters and certificates. If you prefer those to the newer version included here, feel free to use it!

# Directions:

These resources can be used as part of a school, grade level, or class-wide SEL/character education program. There are endless possibilities for how to use these resources, but I'll share some suggestions with you!

I share the posters and coloring/activity books with all of the teachers at my school and use this as a school-wide Tier I SEL intervention. I assign each social skill to a month of the school year. You can assign the social skills in any order that you'd like. All month long, my school focuses on the Social Skill of the Month during our daily morning announcements, morning meetings, etc. I post the Social Skill of the Month poster in the main hallway of my school for all to see. You can also create a bulletin board with all of the posters for your hallway if you'd like. At the beginning of my classroom counseling lessons, I introduce the Social Skill of the Month and try to relate the material of my lesson to the skill as much as possible. I ask teachers to look out for students who are making an exceptional effort at practicing the Social Skill of the Month, and they can give that child a mini certificate reward. Teachers can also use the coloring/activity book to reinforce the material in the classroom. I recommend the coloring book for lower elementary and the activity book for upper elementary. My students add to their coloring/activity books each month so by the end of the year, they have a full complete book!

**How do you use these resources?** I'd love to hear from you! Please contact me any time with ideas, questions, or suggestions at [laura@musiccitycounselor.com](mailto:laura@musiccitycounselor.com).

PS I so appreciate when you **please take a moment to leave a review** on my resources on my TpT store. It earns you credits towards future purchases, helps other educators find quality resources, and helps my small business grow!

# POSTERS



Use Good Manners



Take Turns



Give Compliments



Keep a Safe Body



# SOCIAL SKILLS OF THE MONTH

Respect Personal Space



Make Eye Contact



Cope with Feelings



Use I-Messages



Apologize



Respect Differences





# USE GOOD MANNERS

Be polite, kind, and considerate of others.

Using good manners is easy to do and takes barely any time at all. But, it makes a big impact on others! We can say please, thank you, and you're welcome; open the door for others; let others go first; make eye contact; and more!

When we use good manners, we show that we care for others and their happiness. Practicing good manners helps us make new friends and make our teachers and family members proud!



**Social Skill** of the month

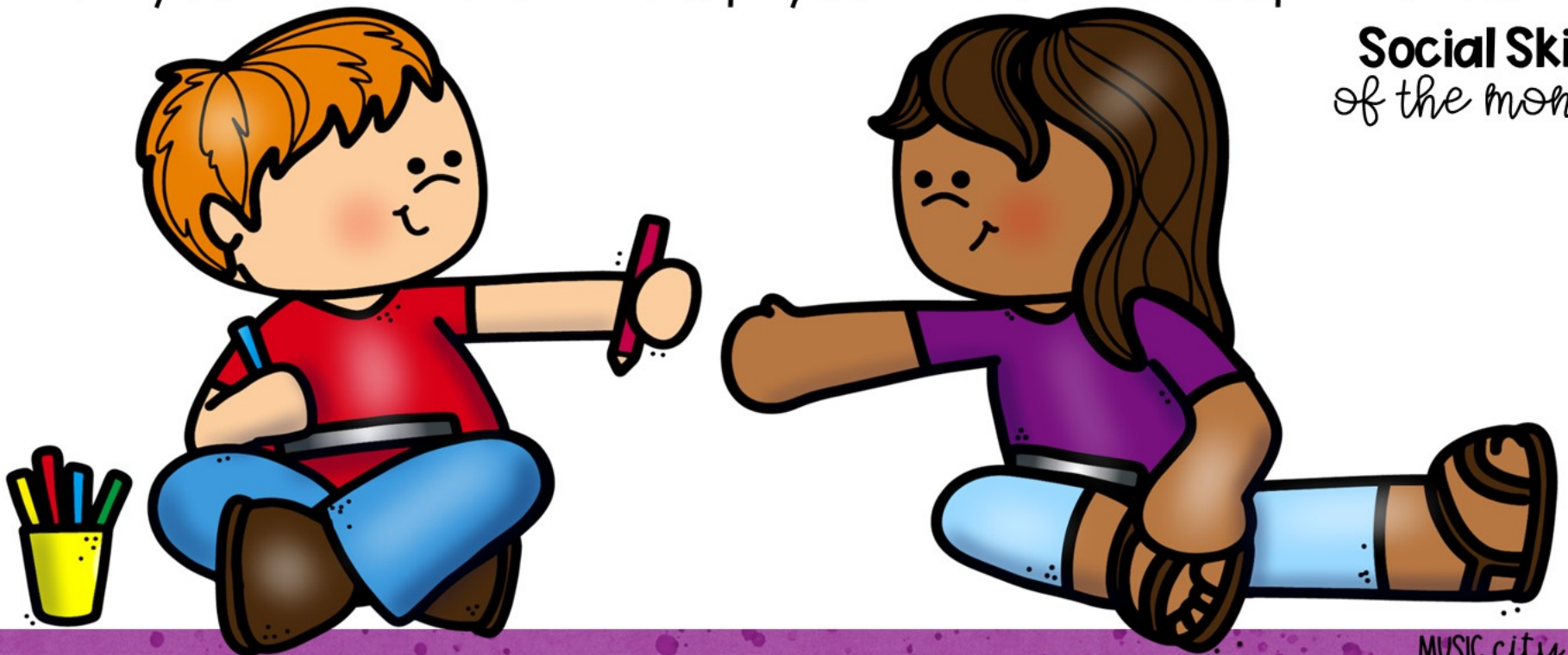


# TAKE TURNS

Share, cooperate, and wait patiently for your turn.

We show respect, kindness, and care for others when we share and take turns. We make sure everyone has a fair chance to play and learn. This way, we all have fun and feel like we belong! Try to be patient and stay calm when waiting for your turn. This will help you make and keep friends!

**Social Skill**  
*of the month*





# GIVE COMPLIMENTS

Praise someone by sharing what makes them special.

Giving someone a genuine compliment (that you really mean) can make their day! Compliments are easy to give and don't take any time at all. But, they can really make someone feel great inside – and help you make a new friend! You can tell them that they are kind, smart, beautiful, funny, or polite – anything that comes from the heart!

**Social Skill** of the month





# KEEP A SAFE BODY

Keep your hands and feet to yourself.

Hands are not for hitting, pushing, shoving, or hurting. Touching others or their belongings without asking them first can make them feel uncomfortable and unsafe. Hands are for helping, learning, playing, meeting a new friend, and loving. We solve problems using our words, not our bodies.



**Social Skill**  
of the month



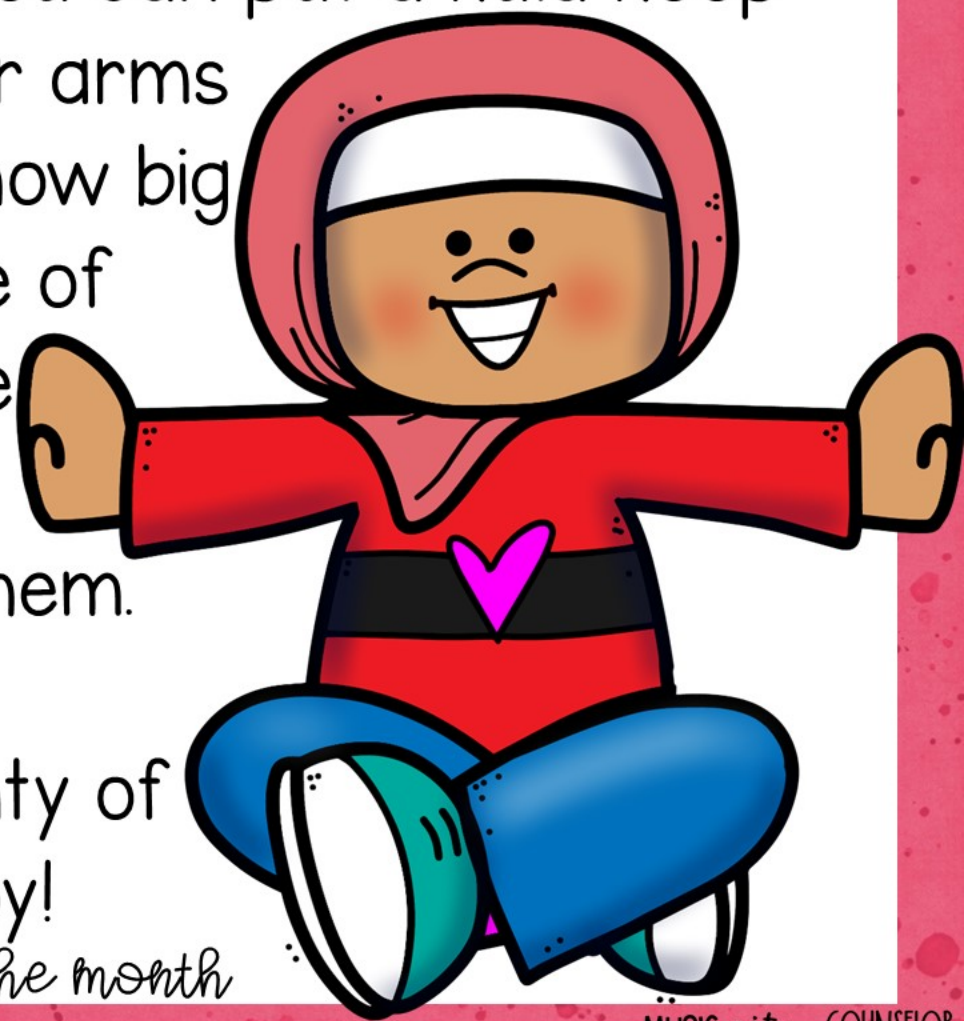
# PERSONAL SPACE

Respect others' space bubble and keep a distance.

Personal space is the amount of room we need to feel safe, comfortable, and happy. You can put a hula hoop around your waist or stick your arms straight out to get an idea of how big your "space bubble" is. The size of your space bubble may change depending on who you are with and how well you know them.

When we keep our hands to ourselves and give others plenty of room, we all feel safe and happy!

**Social Skill** of the month

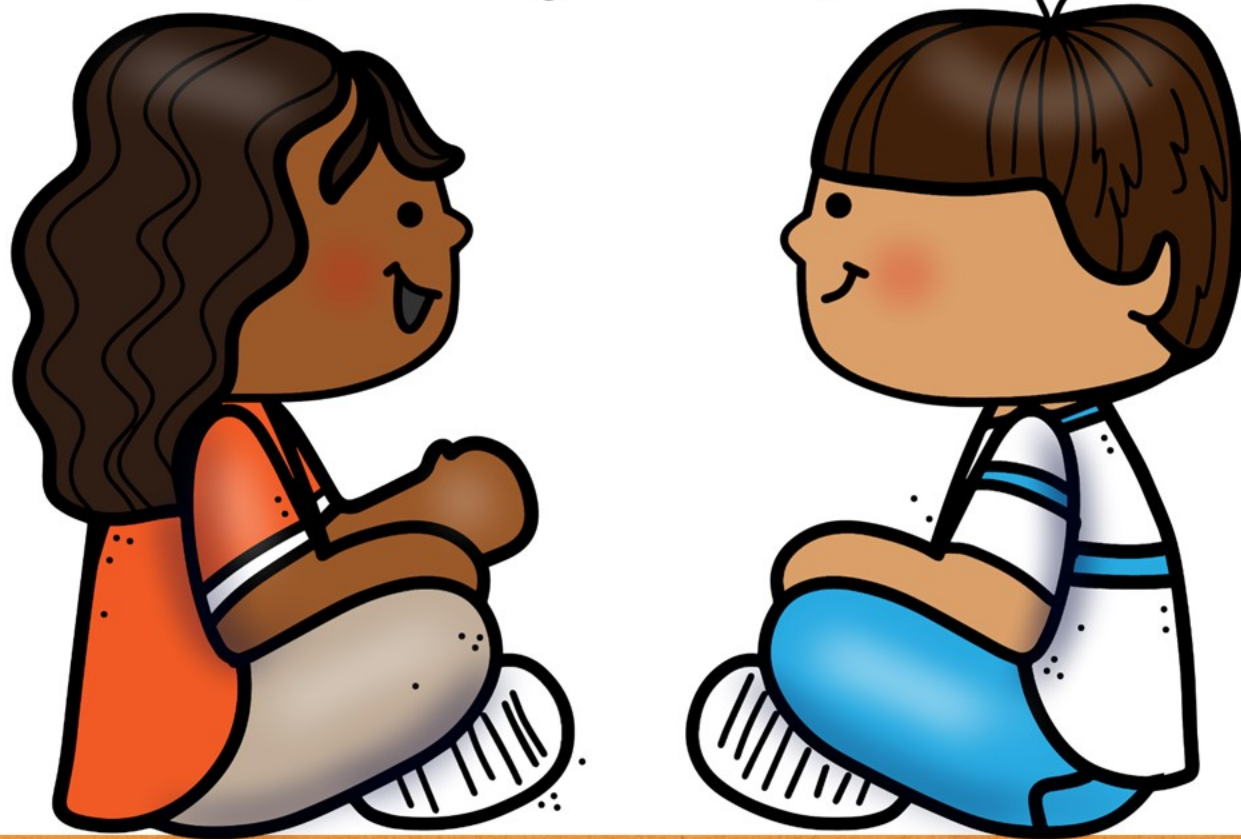




# MAKE EYE CONTACT

Look at the speaker in their eyes.

When your teacher, friend, or family member is speaking, look directly in their eyes. Making eye contact shows that we are listening and that we value what someone is saying to us. Eye contact is a polite sign of respect, love, and care.



**Social Skill**  
of the month



# COPE WITH FEELINGS

Use coping skills to take control of your feelings.

We all experience big feelings sometimes. But, it is important to learn how to control our feelings so they don't cause us to make sad choices. Here are some ideas for you:

- Talk out your feelings with a grown-up you trust
- Take deep breaths
- Count to 10
- Go for a walk
- Think happy thoughts
- Take a break
- Listen to music
- Get some fresh air
- Draw or write
- Drink some water



**Social Skill** of the month



# USE I-MESSAGES

Use your words to solve problems peacefully.

Step 1: Tell them how you feel. "I felt..."

Step 2: Explain what happened. "when..."

Step 3: Share what would help you feel better!

"Can you please \_\_\_\_\_?"

Example: I felt sad when you wouldn't let me play tag. Can I please join the game next time?

Example: I felt frustrated when you skipped me in line. Can you please let me go first?

**Social Skill**  
*of the month*





# APOLOGIZE

Show you are genuinely sorry and truly care.

Just saying you're sorry isn't enough. When you apologize, use a kind, genuine, and respectful tone of voice. Follow these 3 steps for a sincere apology:

**Step 1:** Start by saying, "I'm sorry" or "I apologize."

**Step 2:** Accept responsibility and own what happened.

**Step 3:** Promise it won't happen again – and follow through!

**Social Skill**  
*of the month*





# RESPECT DIFFERENCES

Show love, tolerance, and acceptance for diversity.

Our world is such a beautiful and exciting place because we are all so different! We have different likes and dislikes, talents, abilities, cultures, languages, beliefs, and more! It is important that we value and appreciate the things that make our friends different from us. Our planet would be a very boring place if we were all the same!

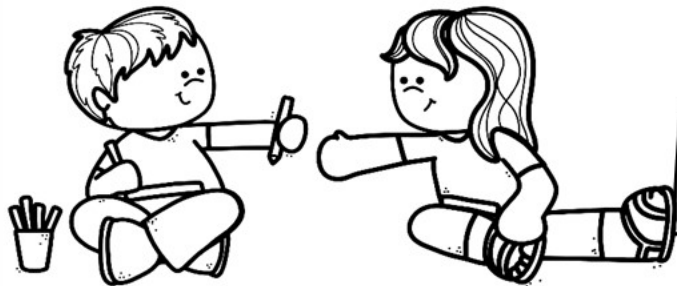
**Social Skill**  
*of the month*



Use Good Manners



Take Turns



Give Compliments



Keep a Safe Body



# SOCIAL SKILLS OF THE MONTH

Respect Personal Space



Make Eye Contact



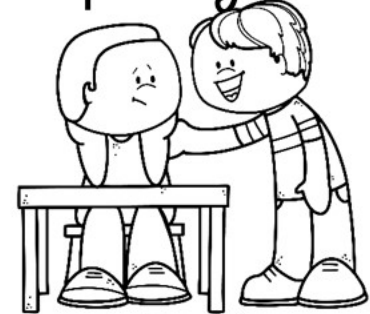
Cope with Feelings



Use I-Messages



Apologize



Respect Differences





# USE GOOD MANNERS

Be polite, kind, and considerate of others.

Using good manners is easy to do and takes barely any time at all. But, it makes a big impact on others! We can say please, thank you, and you're welcome; open the door for others; let others go first; make eye contact; and more!

When we use good manners, we show that we care for others and their happiness. Practicing good manners helps us make new friends and make our teachers and family members proud!



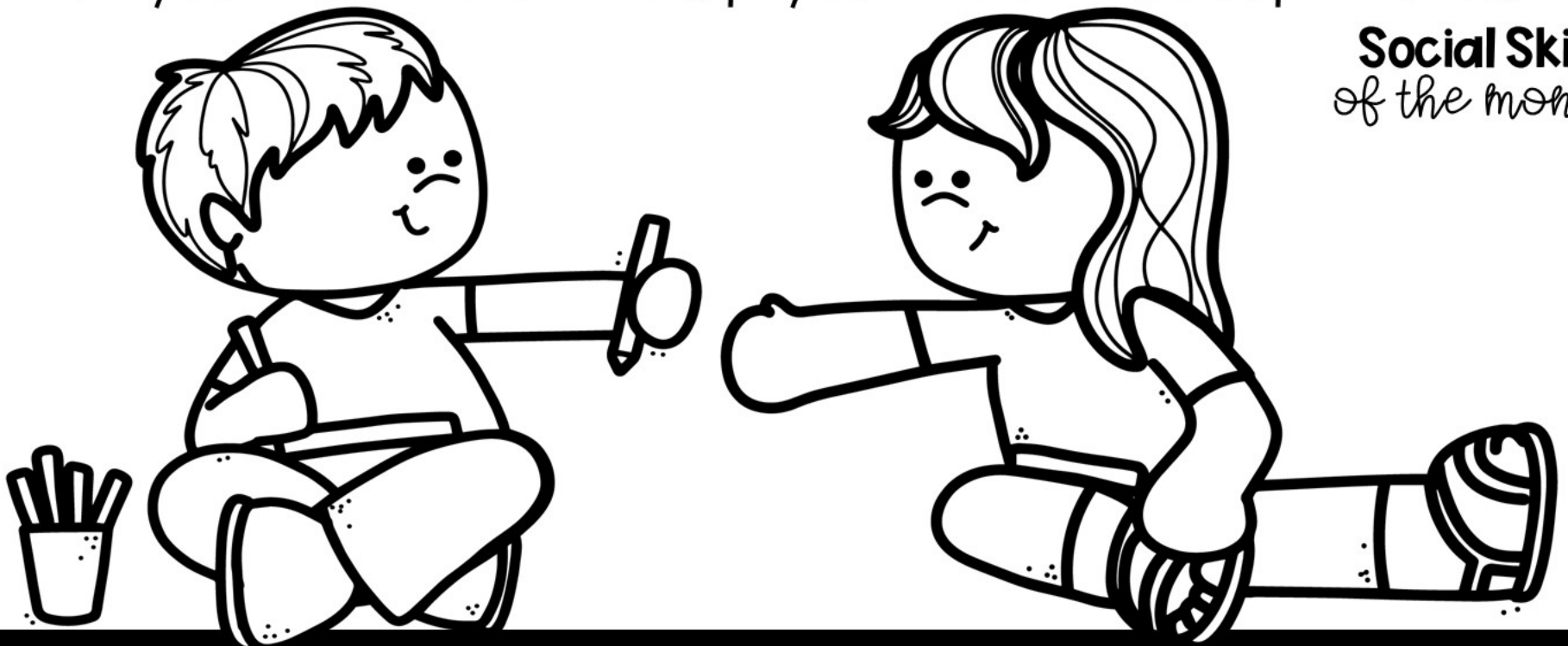
**Social Skill** of the month

# TAKE TURNS

Share, cooperate, and wait patiently for your turn.

We show respect, kindness, and care for others when we share and take turns. We make sure everyone has a fair chance to play and learn. This way, we all have fun and feel like we belong! Try to be patient and stay calm when waiting for your turn. This will help you make and keep friends!

**Social Skill**  
*of the month*



# GIVE COMPLIMENTS

Praise someone by sharing what makes them special. Giving someone a genuine compliment (that you really mean) can make their day! Compliments are easy to give and don't take any time at all. But, they can really make someone feel great inside – and help you make a new friend! You can tell them that they are kind, smart, beautiful, funny, or polite – anything that comes from the heart!

**Social Skill** of the month



# KEEP A SAFE BODY

Keep your hands and feet to yourself.

Hands are not for hitting, pushing, shoving, or hurting.

Touching others or their belongings without asking them first can make them feel uncomfortable and unsafe. Hands are for helping, learning, playing, meeting a new friend, and loving. We solve problems using our words, not our bodies.



**Social Skill**  
*of the month*

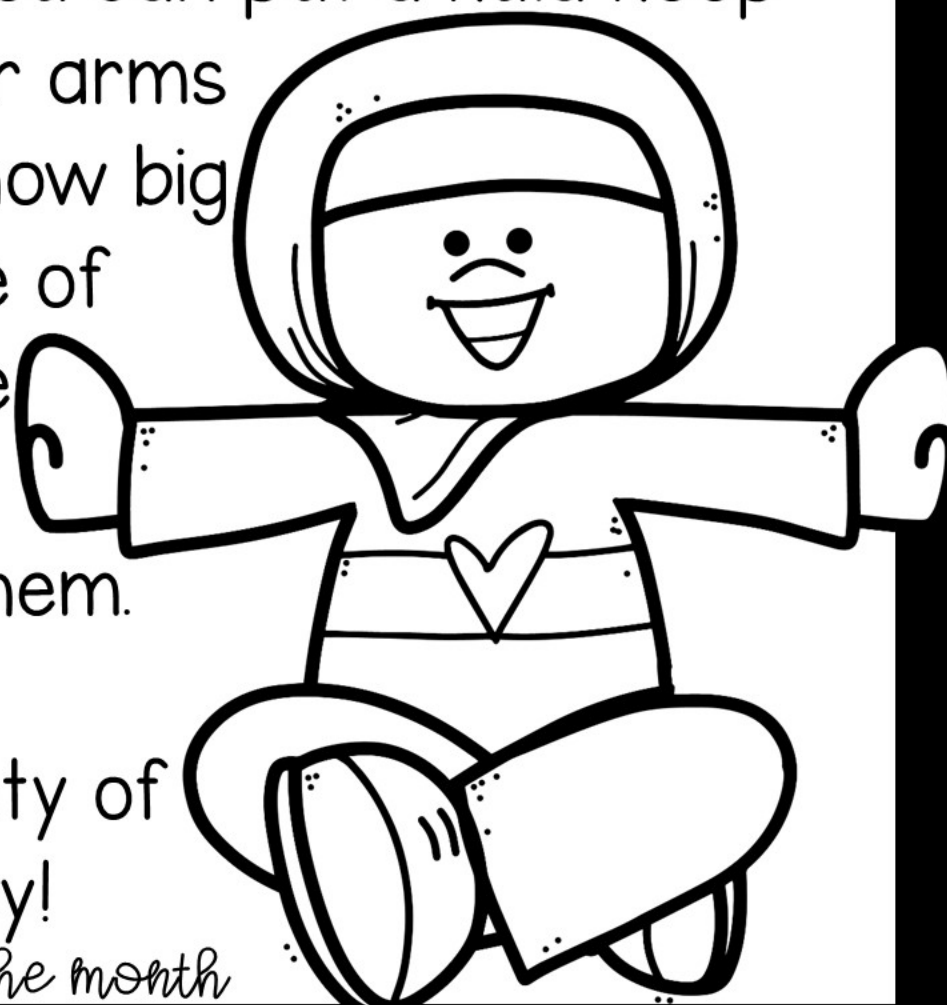


# PERSONAL SPACE

Respect others' space bubble and keep a distance.

Personal space is the amount of room we need to feel safe, comfortable, and happy. You can put a hula hoop around your waist or stick your arms straight out to get an idea of how big your "space bubble" is. The size of your space bubble may change depending on who you are with and how well you know them.

When we keep our hands to ourselves and give others plenty of room, we all feel safe and happy!



**Social Skill** of the month

# MAKE EYE CONTACT

Look at the speaker in their eyes.

When your teacher, friend, or family member is speaking, look directly in their eyes. Making eye contact shows that we are listening and that we value what someone is saying to us.

Eye contact is a polite sign of respect, love, and care.



**Social Skill**  
*of the month*

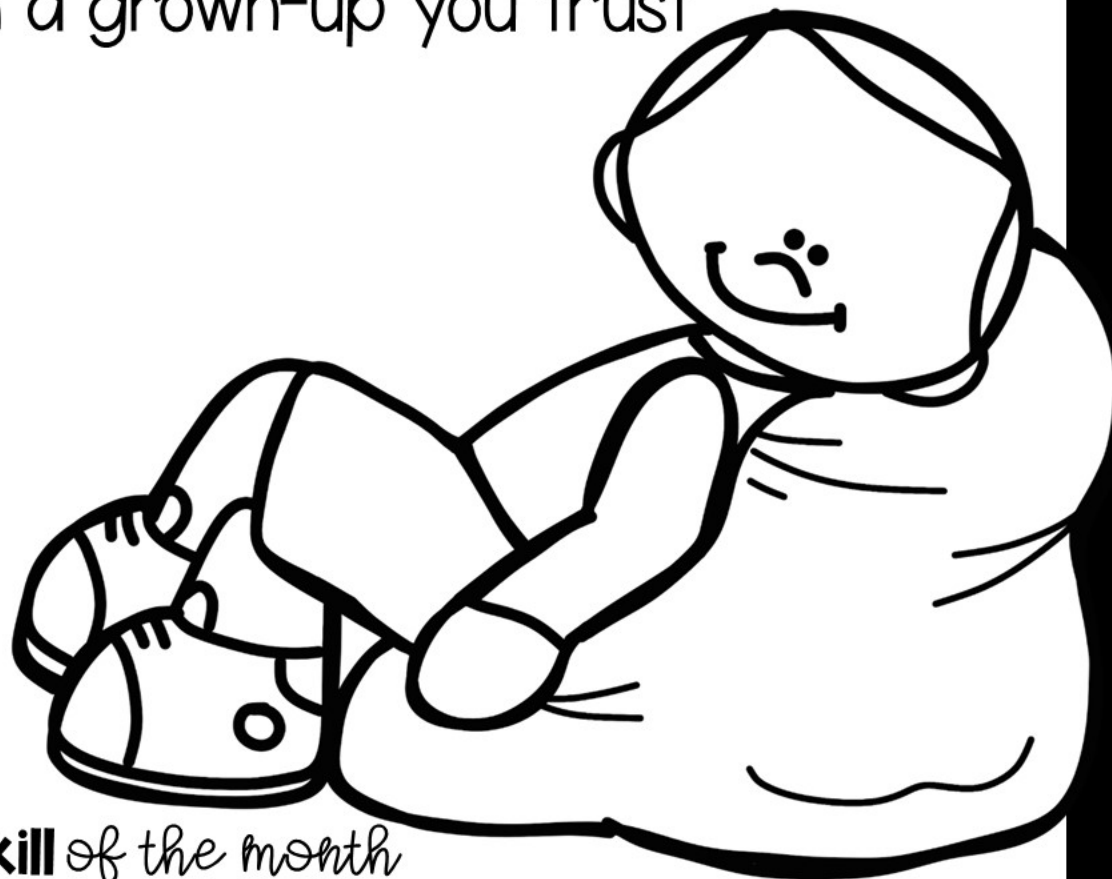


# COPE WITH FEELINGS

Use coping skills to take control of your feelings.

We all experience big feelings sometimes. But, it is important to learn how to control our feelings so they don't cause us to make sad choices. Here are some ideas for you:

- Talk out your feelings with a grown-up you trust
- Take deep breaths
- Count to 10
- Go for a walk
- Think happy thoughts
- Take a break
- Listen to music
- Get some fresh air
- Draw or write
- Drink some water



**Social Skill** of the month

# USE I-MESSAGES

Use your words to solve problems peacefully.

Step 1: Tell them how you feel. "I felt..."

Step 2: Explain what happened. "when..."

Step 3: Share what would help you feel better!

"Can you please \_\_\_\_\_?"

Example: I felt sad when you wouldn't let me play tag. Can I please join the game next time?

Example: I felt frustrated when you skipped me in line. Can you please let me go first?

**Social Skill**  
*of the month*





# APOLOGIZE

Show you are genuinely sorry and truly care.

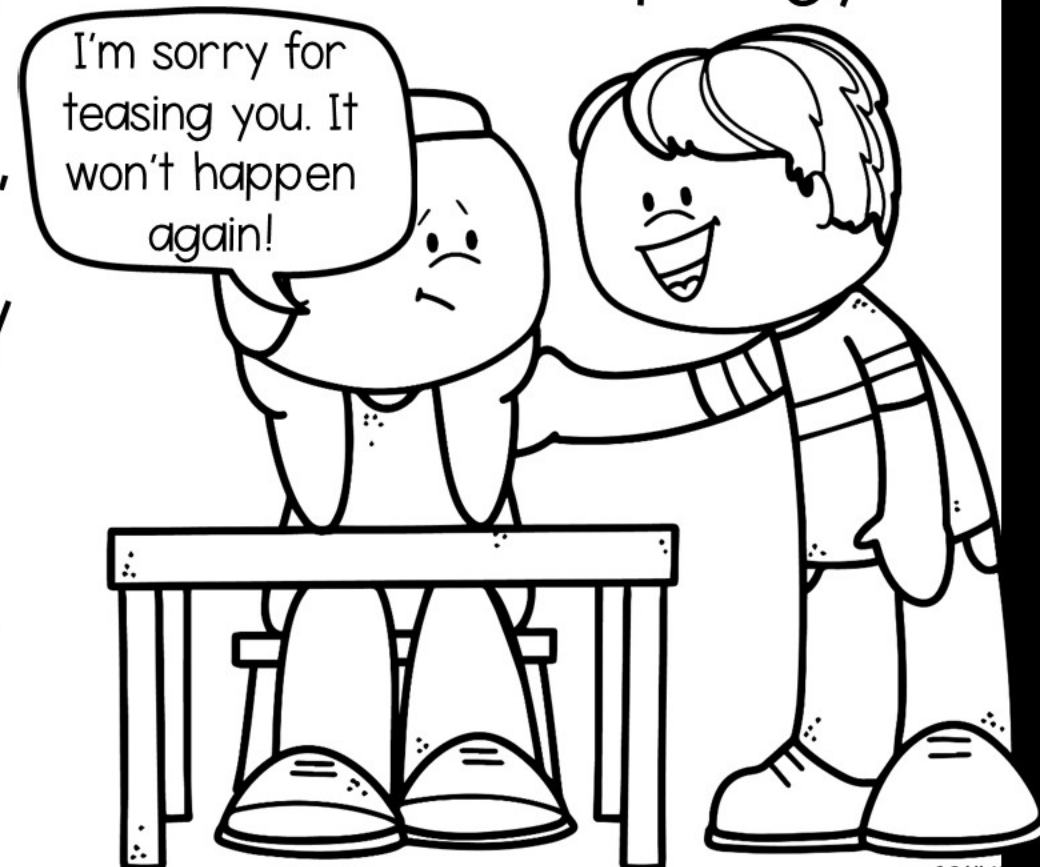
Just saying you're sorry isn't enough. When you apologize, use a kind, genuine, and respectful tone of voice. Follow these 3 steps for a sincere apology:

**Step 1:** Start by saying, "I'm sorry" or "I apologize."

**Step 2:** Accept responsibility and own what happened.

**Step 3:** Promise it won't happen again – and follow through!

**Social Skill**  
*of the month*



# RESPECT DIFFERENCES

Show love, tolerance, and acceptance for diversity. Our world is such a beautiful and exciting place because we are all so different! We have different likes and dislikes, talents, abilities, cultures, languages, beliefs, and more! It is important that we value and appreciate the things that make our friends different from us. Our planet would be a very boring place if we were all the same!

**Social Skill**  
*of the month*





# **CERTIFICATES**

# CONGRATULATIONS!

\_\_\_\_\_  
You've been caught

## USING GOOD MANNERS!



\_\_\_\_\_  
Date

\_\_\_\_\_  
Educator Signature

MUSIC CITY COUNSELOR

# CONGRATULATIONS!

\_\_\_\_\_  
You've been caught

## USING GOOD MANNERS!



\_\_\_\_\_  
Date

\_\_\_\_\_  
Educator Signature

MUSIC CITY COUNSELOR



# CONGRATULATIONS!

You've been caught  
**TAKING TURNS!**

\_\_\_\_\_  
Date

\_\_\_\_\_  
Educator Signature



MUSIC CITY COUNSELOR

# CONGRATULATIONS!

You've been caught  
**TAKING TURNS!**

\_\_\_\_\_  
Date

\_\_\_\_\_  
Educator Signature



MUSIC CITY COUNSELOR



# CONGRATULATIONS!

\_\_\_\_\_  
You've been caught

## GIVING COMPLIMENTS!

\_\_\_\_\_

Date

\_\_\_\_\_  
Educator Signature



MUSIC CITY COUNSELOR

# CONGRATULATIONS!

\_\_\_\_\_  
You've been caught

## GIVING COMPLIMENTS!

\_\_\_\_\_

Date

\_\_\_\_\_  
Educator Signature



MUSIC CITY COUNSELOR



CONGRATULATIONS!

\_\_\_\_\_  
You've been caught

KEEPING A SAFE BODY!

\_\_\_\_\_  
Date

\_\_\_\_\_  
Educator Signature



MUSIC CITY COUNSELOR

CONGRATULATIONS!

\_\_\_\_\_  
You've been caught

KEEPING A SAFE BODY!

\_\_\_\_\_  
Date

\_\_\_\_\_  
Educator Signature



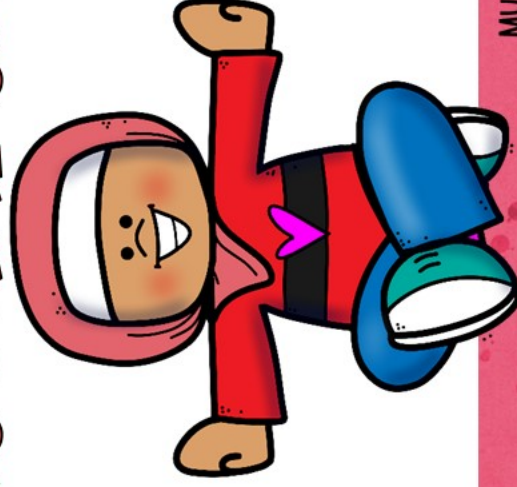
MUSIC CITY COUNSELOR



# CONGRATULATIONS!

\_\_\_\_\_  
You've been caught

## RESPECTING PERSONAL SPACE!



\_\_\_\_\_  
Date

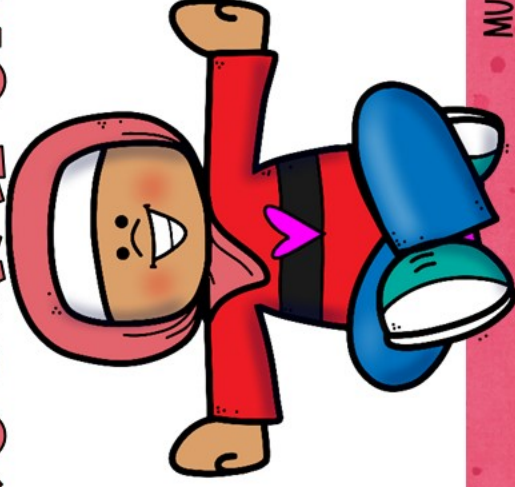
\_\_\_\_\_  
Educator Signature

MUSIC CITY COUNSELOR

# CONGRATULATIONS!

\_\_\_\_\_  
You've been caught

## RESPECTING PERSONAL SPACE!



\_\_\_\_\_  
Date

\_\_\_\_\_  
Educator Signature

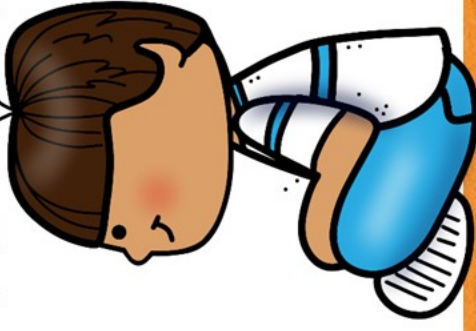
MUSIC CITY COUNSELOR



# CONGRATULATIONS!

You've been caught

## MAKING EYE CONTACT!



\_\_\_\_\_  
Date

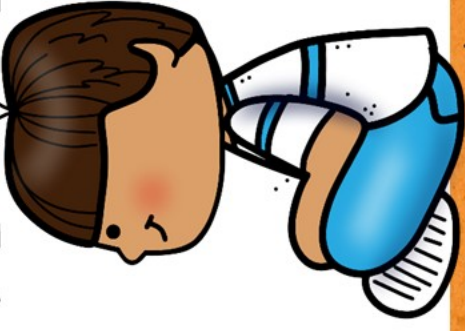
\_\_\_\_\_  
Educator Signature

MUSIC CITY COUNSELOR

# CONGRATULATIONS!

You've been caught

## MAKING EYE CONTACT!



\_\_\_\_\_  
Date

\_\_\_\_\_  
Educator Signature

MUSIC CITY COUNSELOR



**CONGRATULATIONS!**

\_\_\_\_\_  
You've been caught

**COPING WITH FEELINGS!**

\_\_\_\_\_  
Date

\_\_\_\_\_  
Educator Signature



MUSIC CITY COUNSELOR

**CONGRATULATIONS!**

\_\_\_\_\_  
You've been caught

**COPING WITH FEELINGS!**

\_\_\_\_\_  
Date

\_\_\_\_\_  
Educator Signature



MUSIC CITY COUNSELOR



# CONGRATULATIONS!

You've been caught

## USING I-MESSAGES!



\_\_\_\_\_  
Date

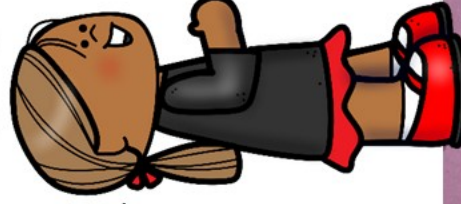
\_\_\_\_\_  
Educator Signature

MUSIC CITY COUNSELOR

# CONGRATULATIONS!

You've been caught

## USING I-MESSAGES!



\_\_\_\_\_  
Date

\_\_\_\_\_  
Educator Signature

MUSIC CITY COUNSELOR

# CONGRATULATIONS!

\_\_\_\_\_  
You've been caught

## APOLOGIZING!

\_\_\_\_\_

Date

\_\_\_\_\_  
Educator Signature



MUSIC CITY COUNSELOR

# CONGRATULATIONS!

\_\_\_\_\_  
You've been caught

## APOLOGIZING!

\_\_\_\_\_

Date

\_\_\_\_\_  
Educator Signature



MUSIC CITY COUNSELOR



# CONGRATULATIONS!

You've been caught

## RESPECTING DIFFERENCES!



\_\_\_\_\_

Date

\_\_\_\_\_

Educator Signature

MUSIC CITY COUNSELOR

# CONGRATULATIONS!

You've been caught

## RESPECTING DIFFERENCES!



\_\_\_\_\_

Date

\_\_\_\_\_

Educator Signature

MUSIC CITY COUNSELOR

# CONGRATULATIONS!

---

You've been caught

## USING GOOD MANNERS!



---

Date

---

Educator Signature

# CONGRATULATIONS!

---

You've been caught

## USING GOOD MANNERS!



---

Date

---

Educator Signature



# CONGRATULATIONS!

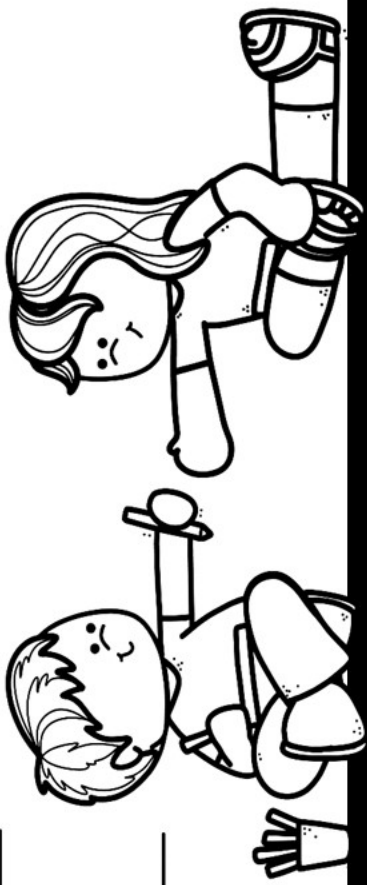
---

You've been caught

## TAKING TURNS!

\_\_\_\_\_  
Date

\_\_\_\_\_  
Educator Signature



# CONGRATULATIONS!

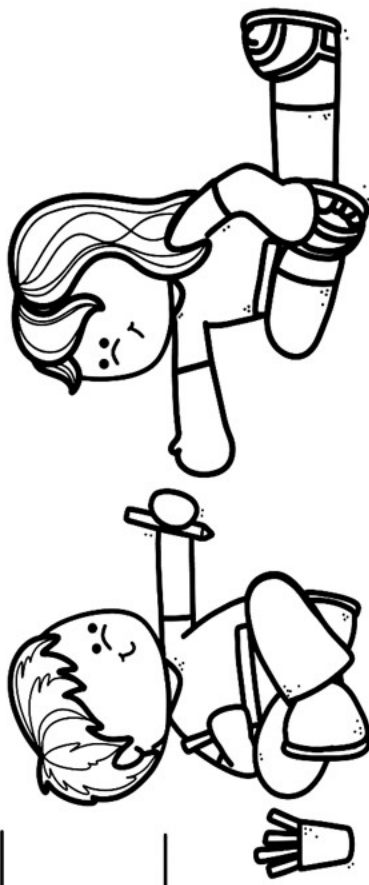
---

You've been caught

## TAKING TURNS!

\_\_\_\_\_  
Date

\_\_\_\_\_  
Educator Signature

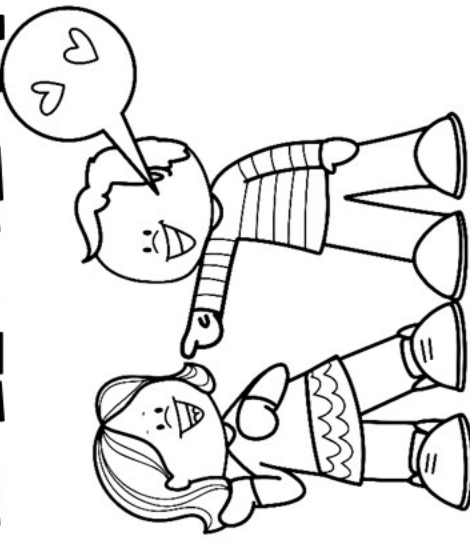


# CONGRATULATIONS!

---

You've been caught

## GIVING COMPLIMENTS!



---

Date

---

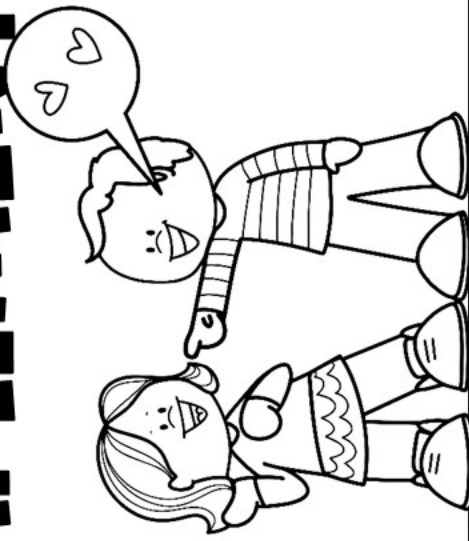
Educator Signature

# CONGRATULATIONS!

---

You've been caught

## GIVING COMPLIMENTS!



---

Date

---

Educator Signature

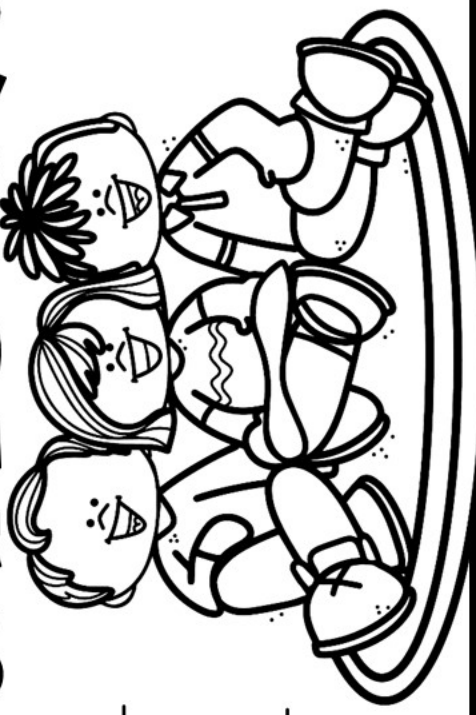


# CONGRATULATIONS!

---

You've been caught

## KEEPING A SAFE BODY!



---

Date

---

Educator Signature

# CONGRATULATIONS!

---

You've been caught

## KEEPING A SAFE BODY!



---

Date

---

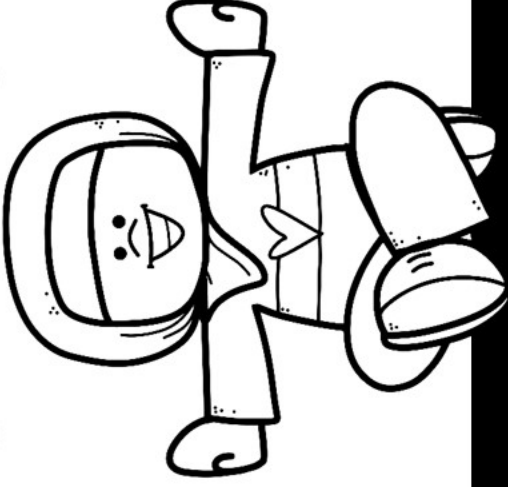
Educator Signature

# CONGRATULATIONS!

---

You've been caught

## RESPECTING PERSONAL SPACE!



\_\_\_\_\_  
Date

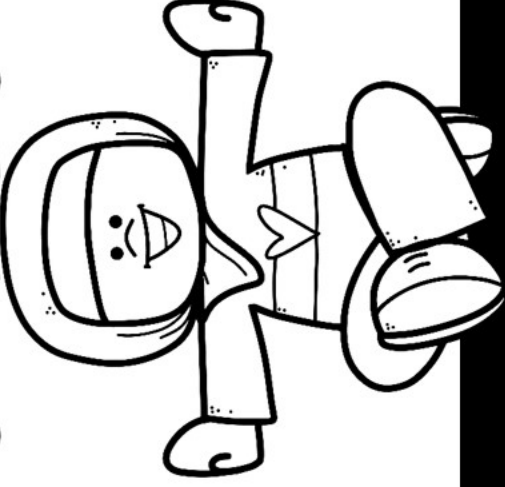
\_\_\_\_\_  
Educator Signature

# CONGRATULATIONS!

---

You've been caught

## RESPECTING PERSONAL SPACE!



\_\_\_\_\_  
Date

\_\_\_\_\_  
Educator Signature

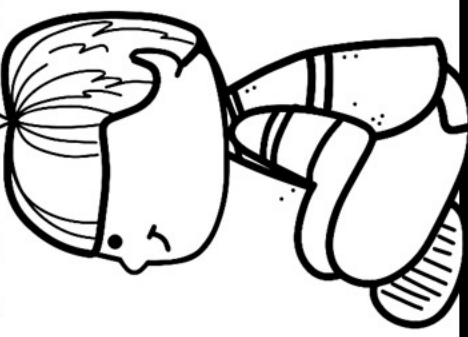


# CONGRATULATIONS!

---

You've been caught

## MAKING EYE CONTACT!



---

Date

---

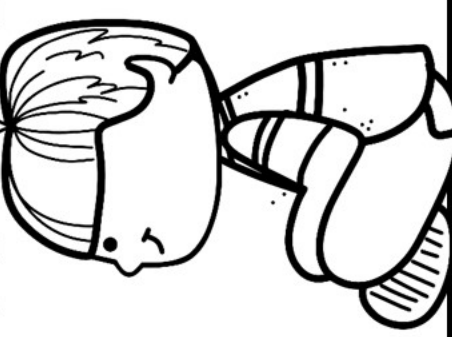
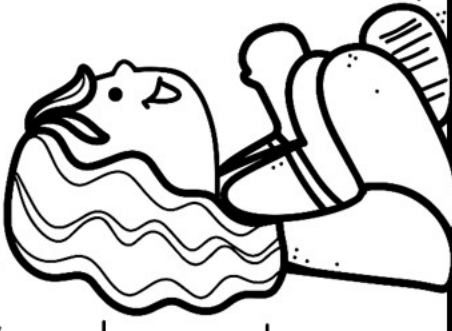
Educator Signature

# CONGRATULATIONS!

---

You've been caught

## MAKING EYE CONTACT!



---

Date

---

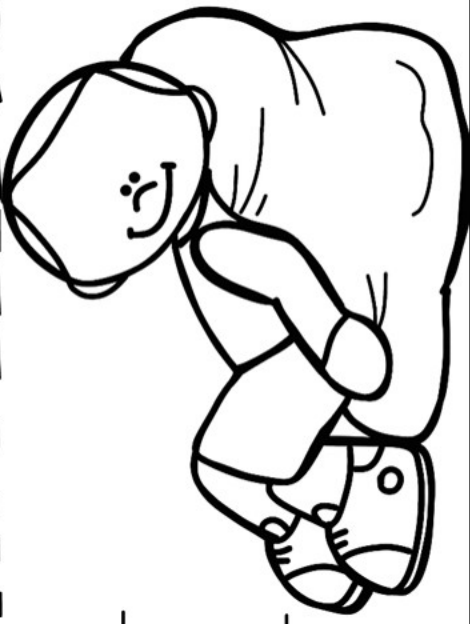
Educator Signature

# CONGRATULATIONS!

---

You've been caught

## COPING WITH FEELINGS!



---

Date

---

Educator Signature

# CONGRATULATIONS!

---

You've been caught

## COPING WITH FEELINGS!



---

Date

---

Educator Signature

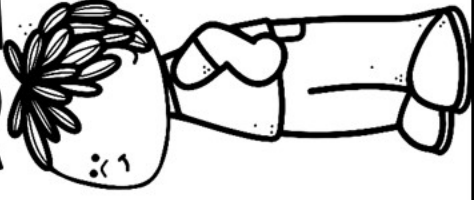
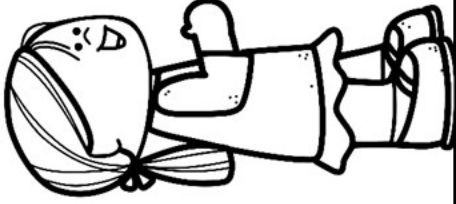


# CONGRATULATIONS!

---

You've been caught

## USING I-MESSAGES!



\_\_\_\_\_  
Date

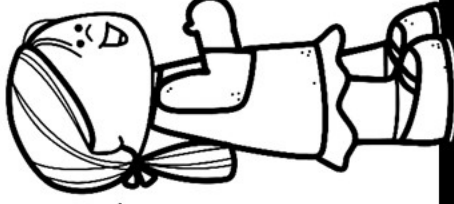
\_\_\_\_\_  
Educator Signature

# CONGRATULATIONS!

---

You've been caught

## USING I-MESSAGES!



\_\_\_\_\_  
Date

\_\_\_\_\_  
Educator Signature

# CONGRATULATIONS!

---

You've been caught

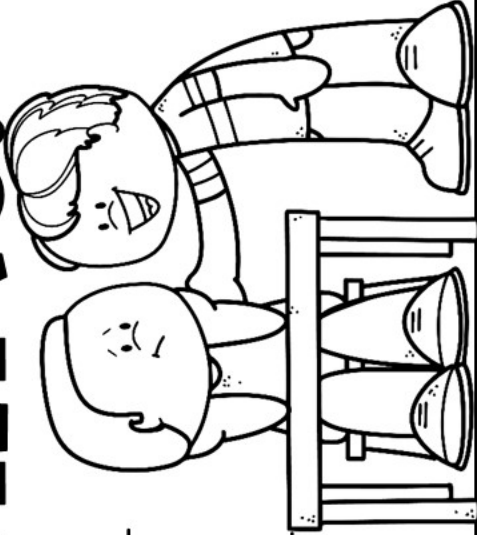
## APOLOGIZING!

---

Date

---

Educator Signature



# CONGRATULATIONS!

---

You've been caught

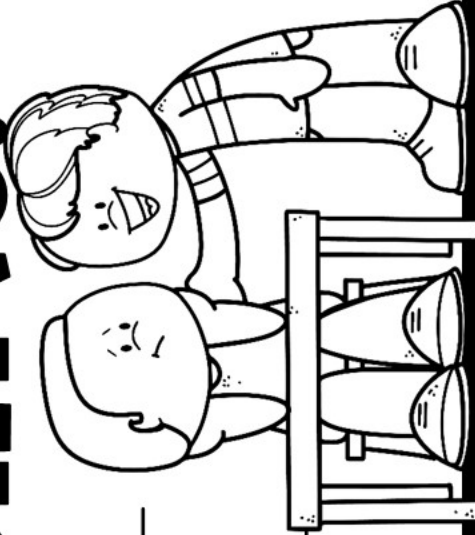
## APOLOGIZING!

---

Date

---

Educator Signature



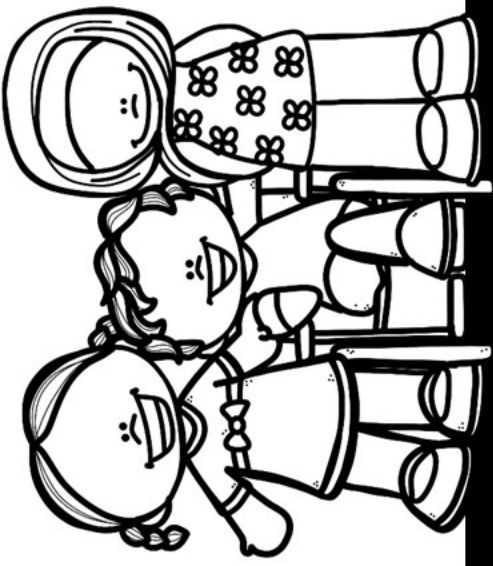


# CONGRATULATIONS!

---

You've been caught

## RESPECTING DIFFERENCES!



\_\_\_\_\_  
Date

\_\_\_\_\_  
Educator Signature

# CONGRATULATIONS!

---

You've been caught

## RESPECTING DIFFERENCES!



\_\_\_\_\_  
Date

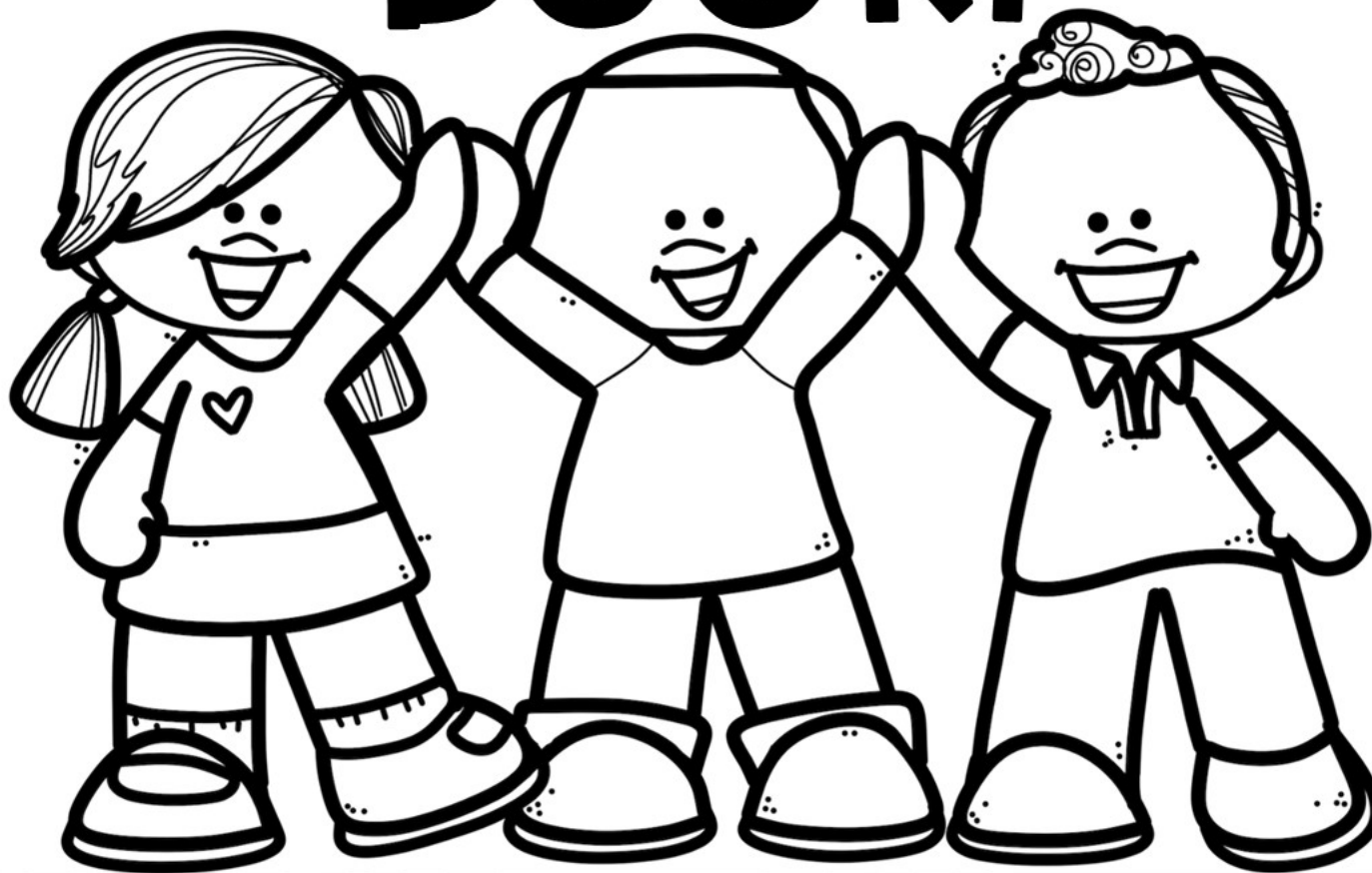
\_\_\_\_\_  
Educator Signature

**MY SOCIAL  
SKILLS OF THE  
MONTH  
COLORING BOOK**



Name: \_\_\_\_\_

# My Social Skills of the month BOOK!



Use Good Manners



Take Turns



Give Compliments



Keep a Safe Body



# SOCIAL SKILLS OF THE MONTH

Respect Personal Space



Make Eye Contact



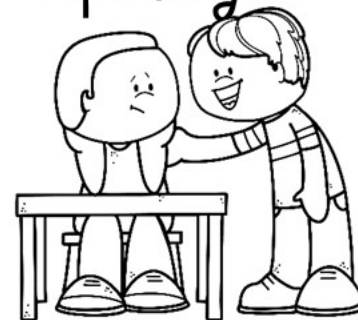
Cope with Feelings



Use I-Messages



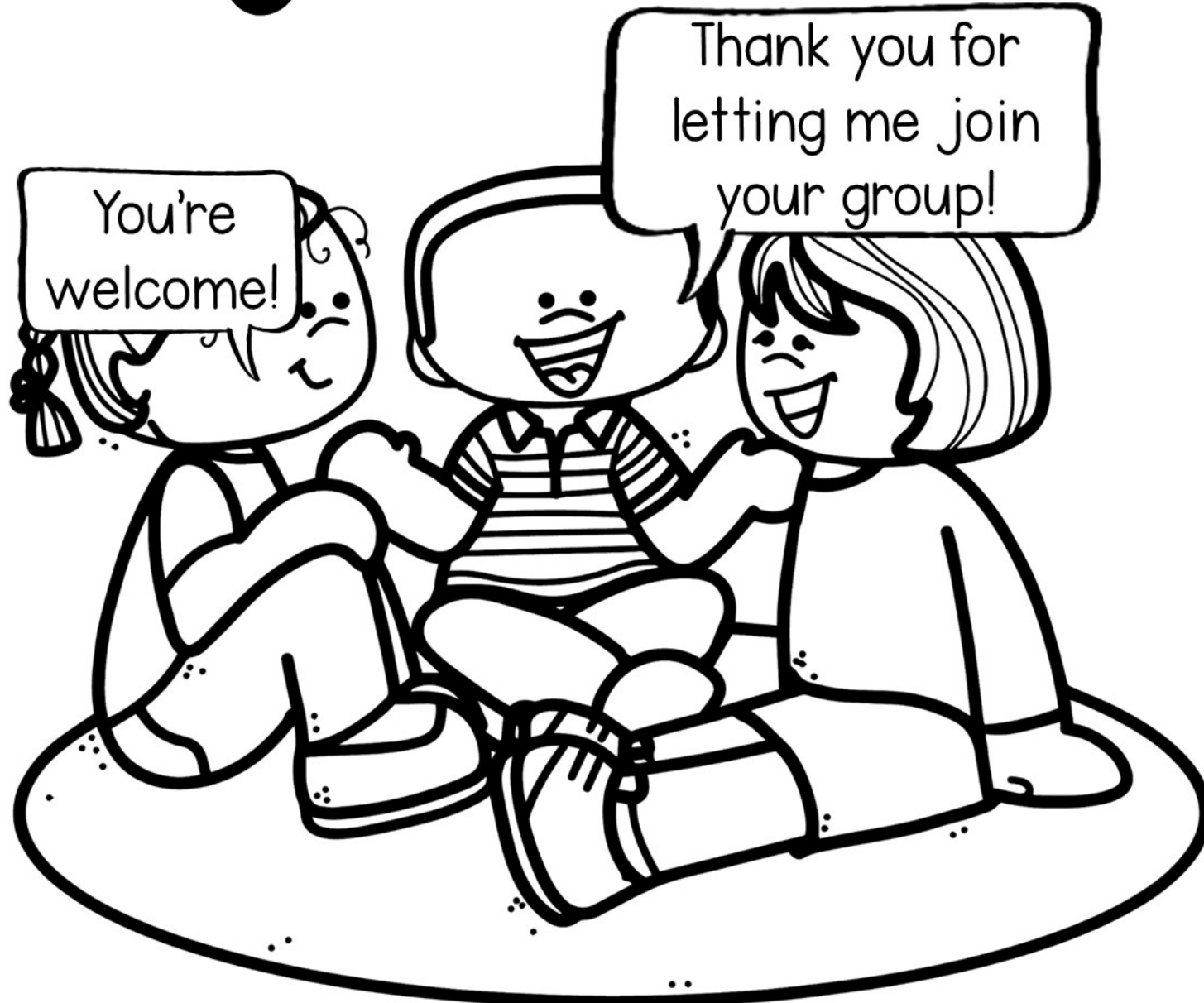
Apologize



Respect Differences

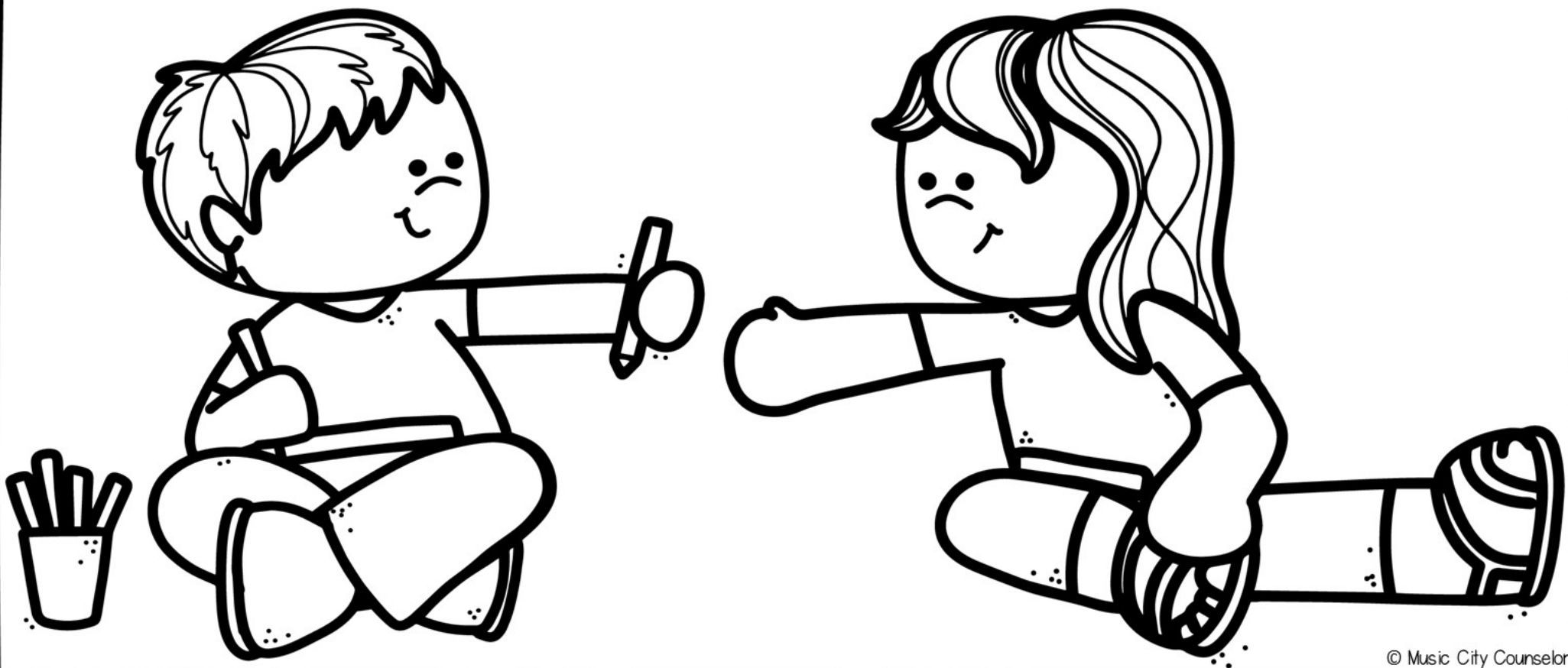


# I can use good manners.

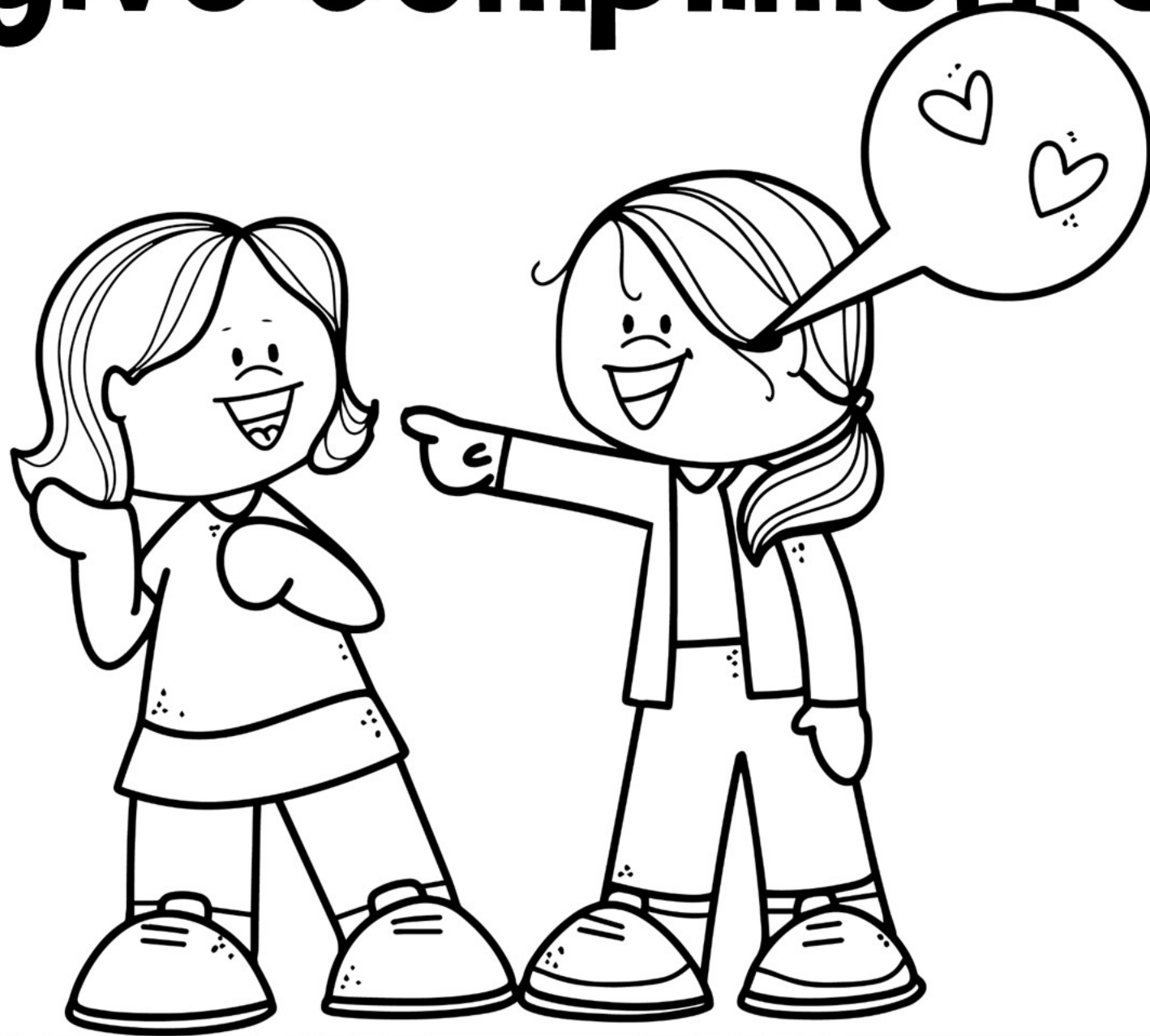




I can  
**take turns.**



I can  
**give compliments.**

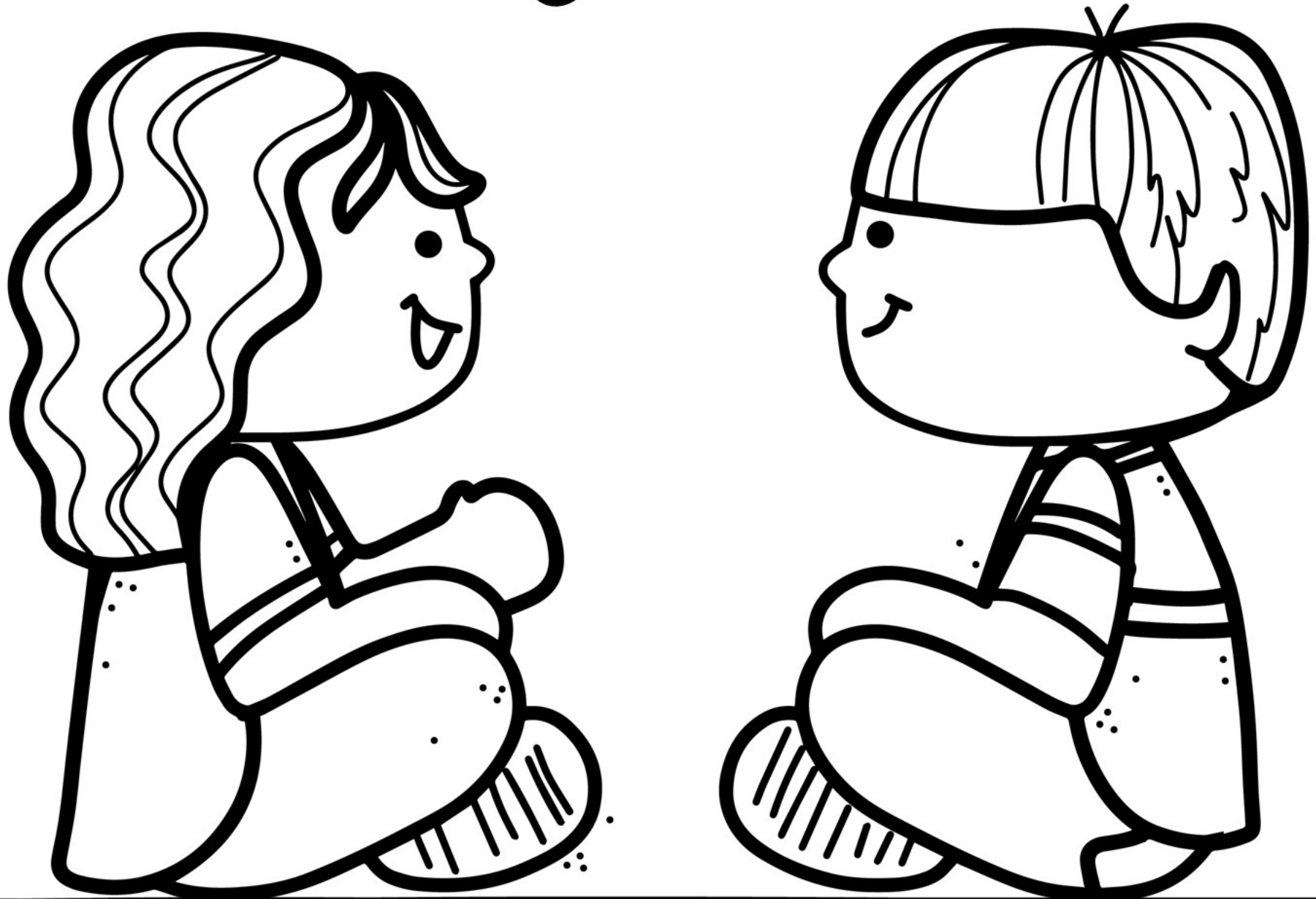


I can  
**keep a safe body.**

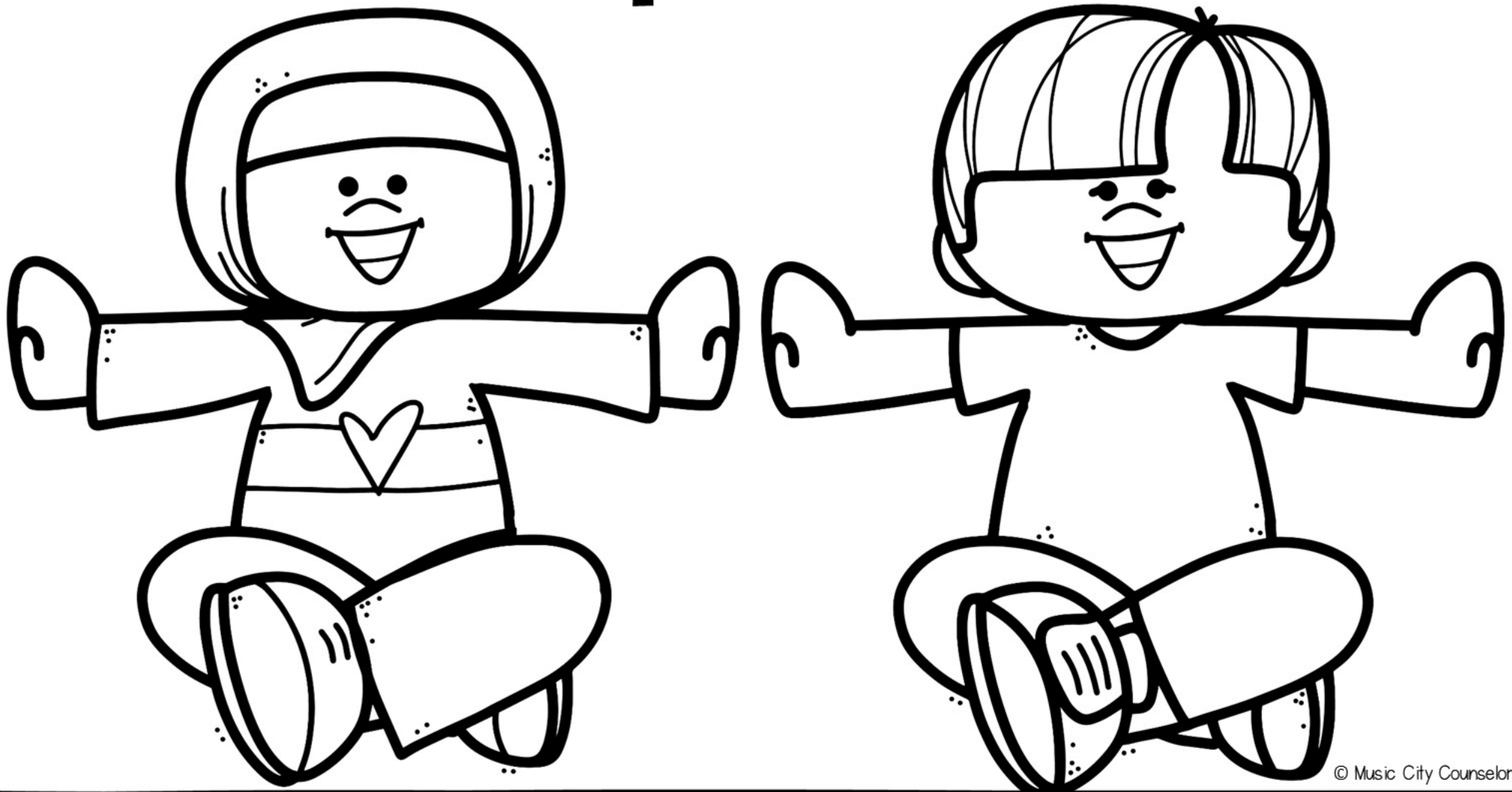




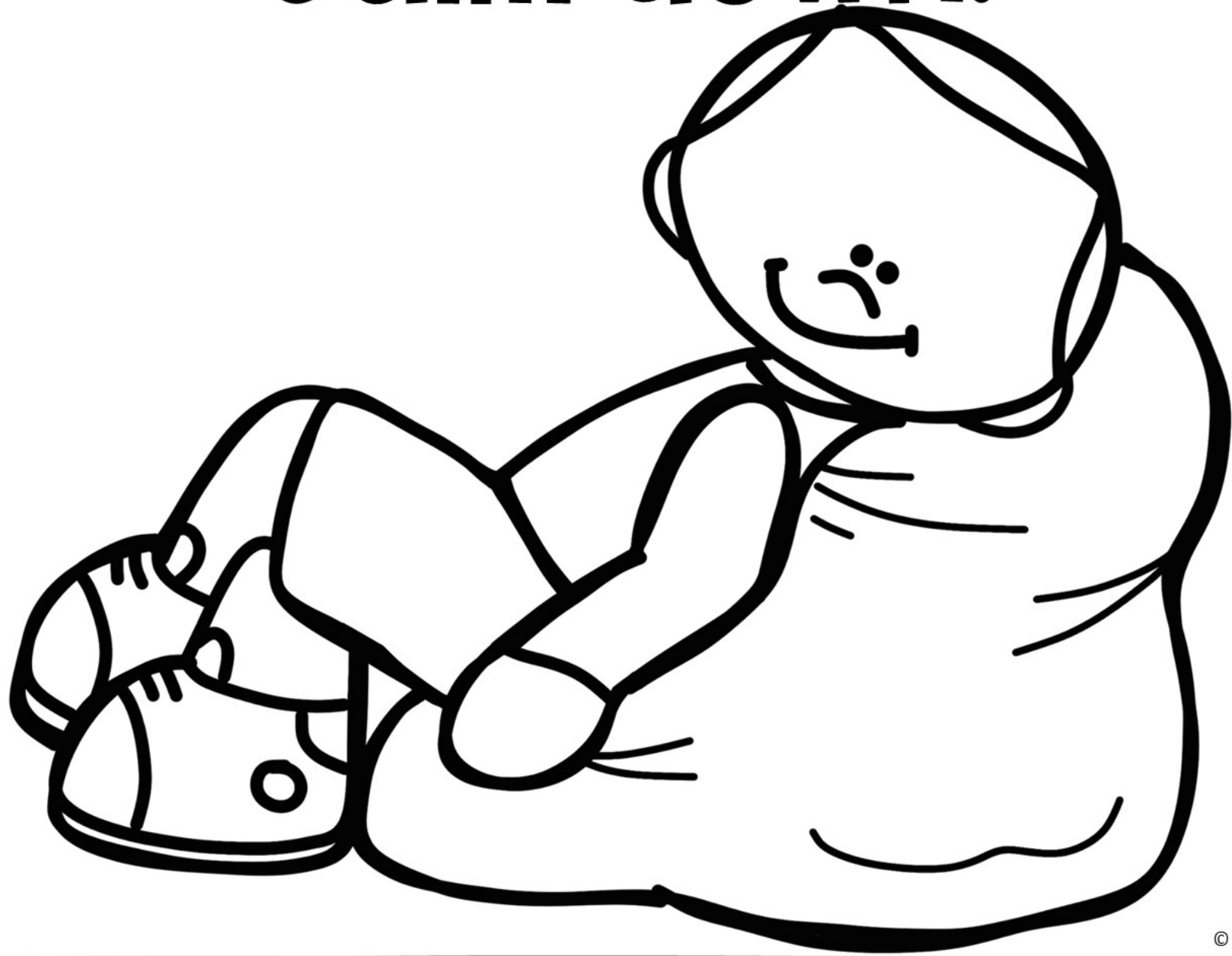
I can  
**make eye contact.**



I can  
**respect personal  
space.**



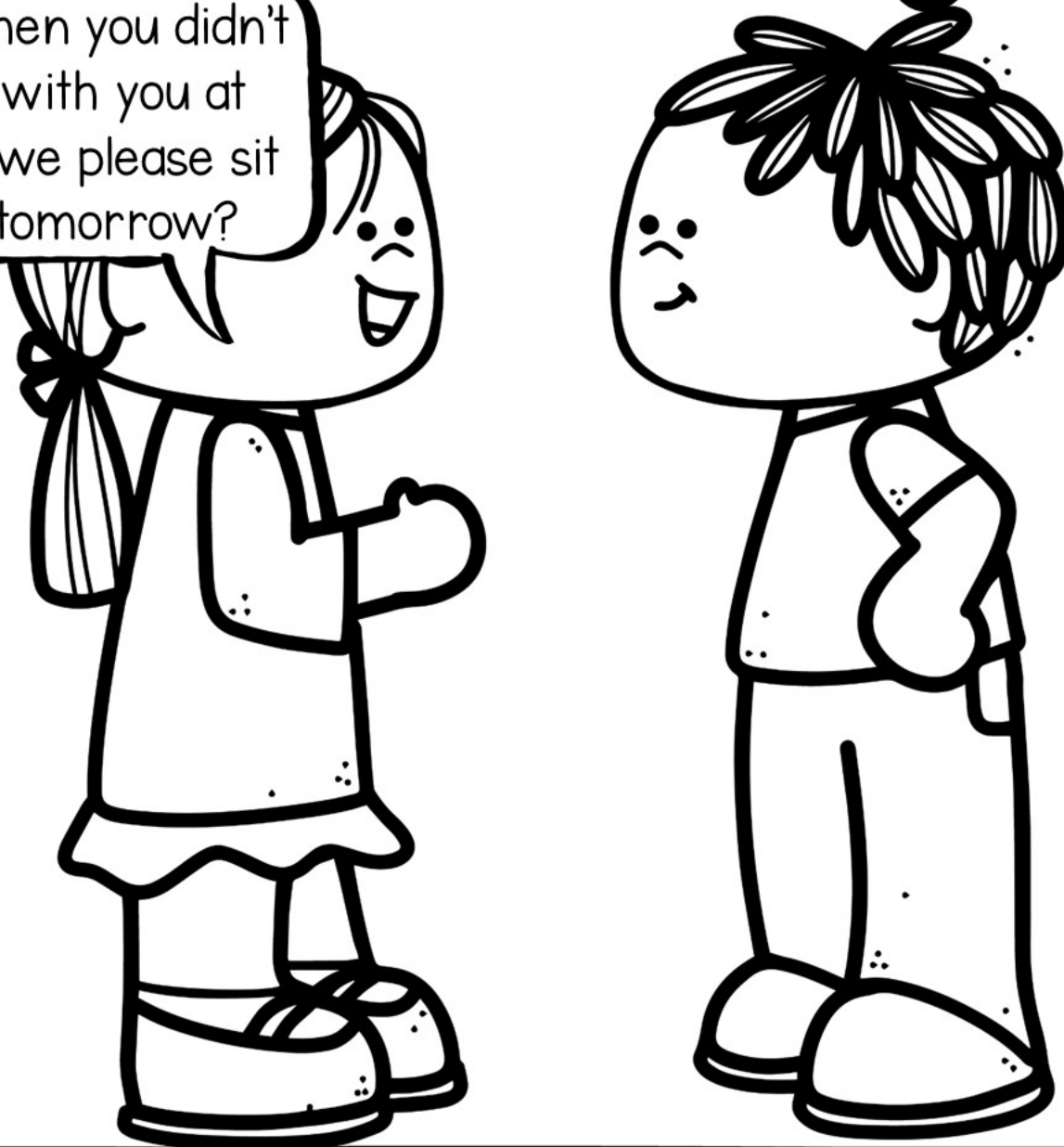
I can  
**calm down.**



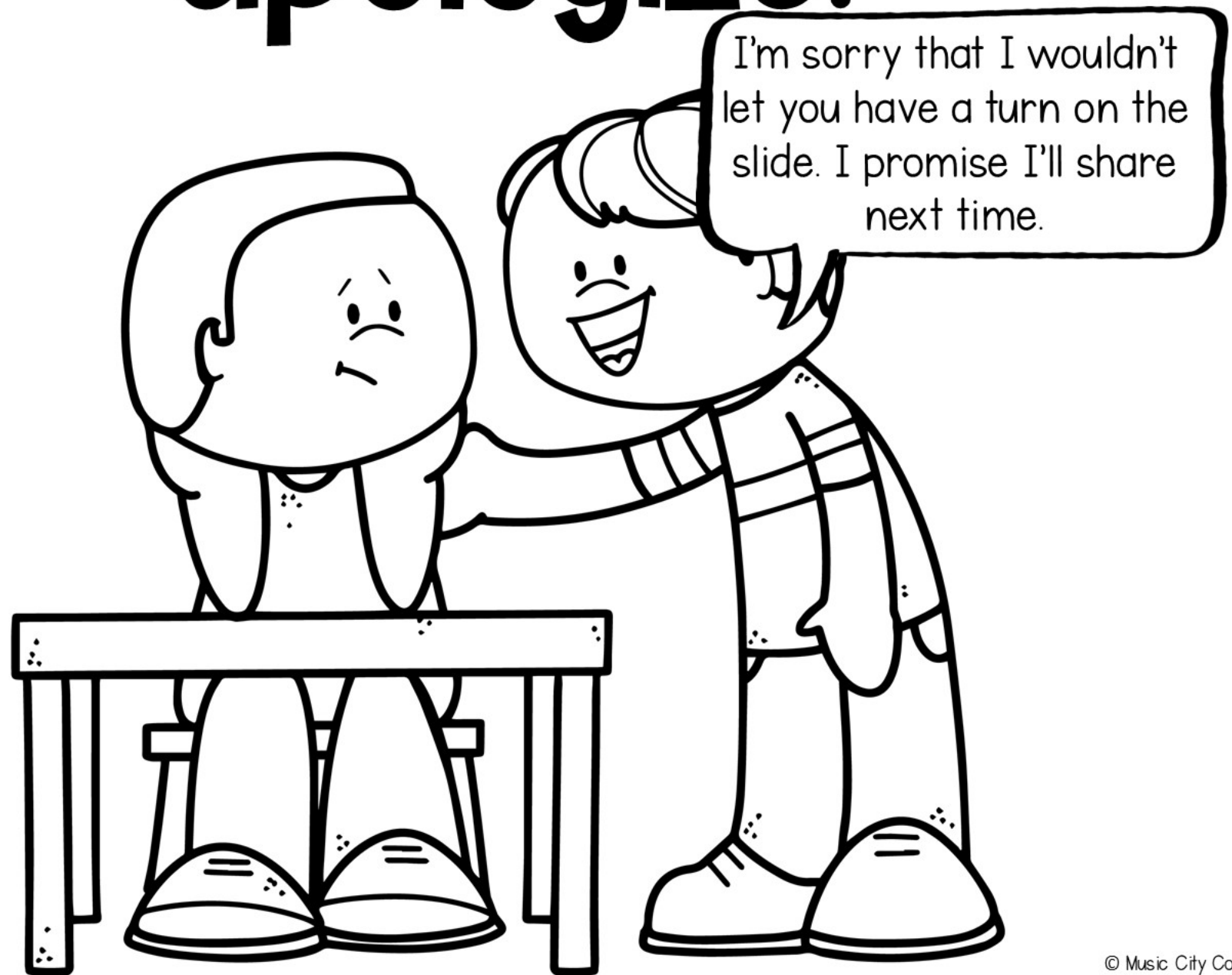


# I can use I-Messages.

I felt sad when you didn't  
let me sit with you at  
lunch. Can we please sit  
together tomorrow?



# I can apologize.



I can  
**respect differences.**

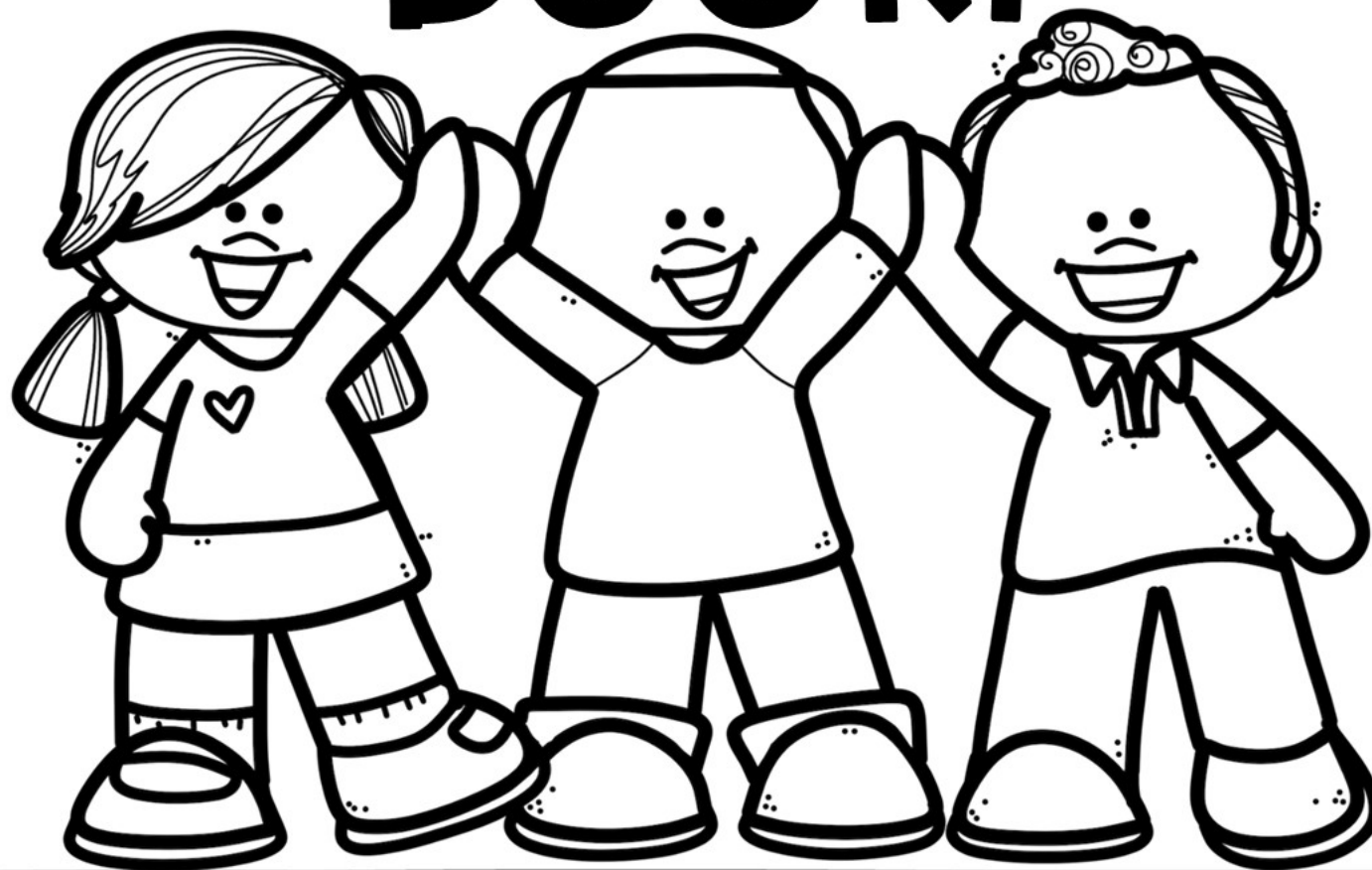




# **MY SOCIAL SKILLS OF THE MONTH ACTIVITY BOOK**

Name: \_\_\_\_\_

# My Social Skills of the month BOOK!



# I can use good manners.

Color the sentences that show Thomas using good manners.



Give me your pink crayon, now! I really need it for my project!

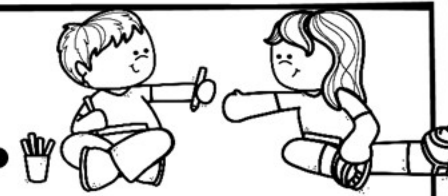
Can I please go first?  
I am the line leader today.

Thank you so much for letting me check out the library book that we both wanted.

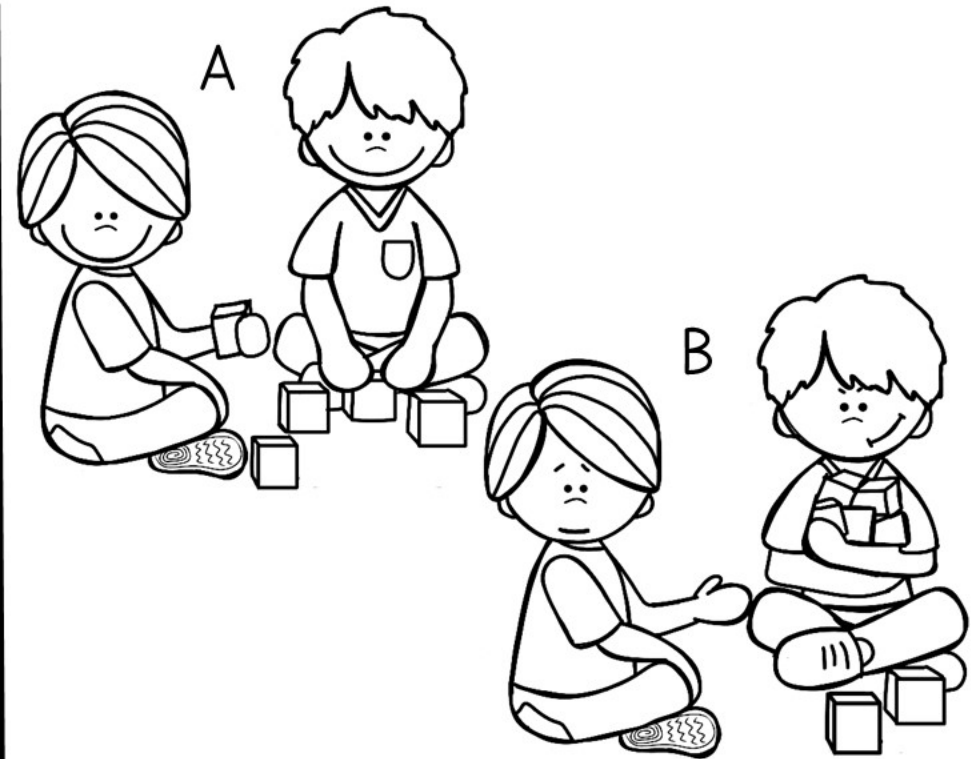
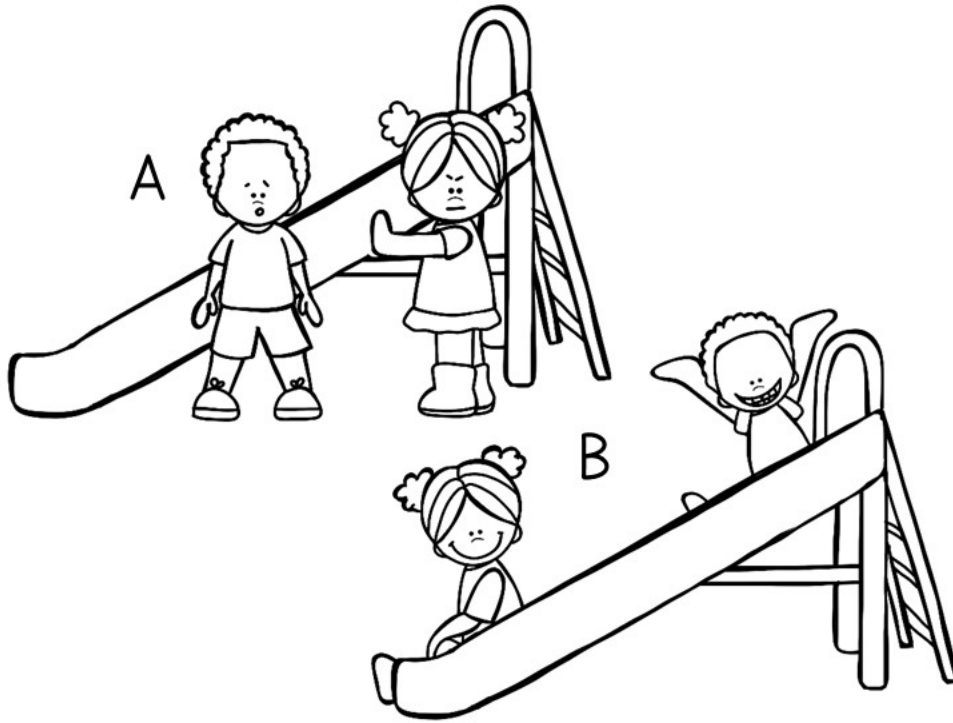
You've been on the monkey bars forever.  
Is it my turn yet?



# I can take turns.



Compare picture A with picture B. Describe what you see happening in each picture and how you think the children are feeling.



---

---

---

---

---

---

---

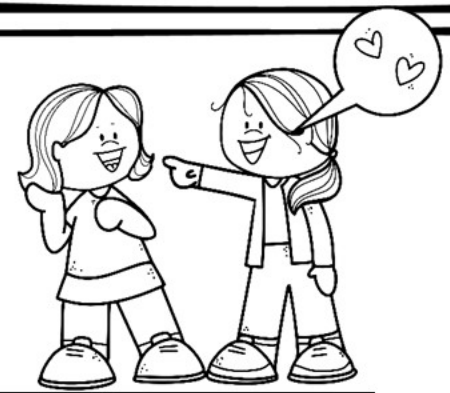
---

---

---

# I can give compliments.

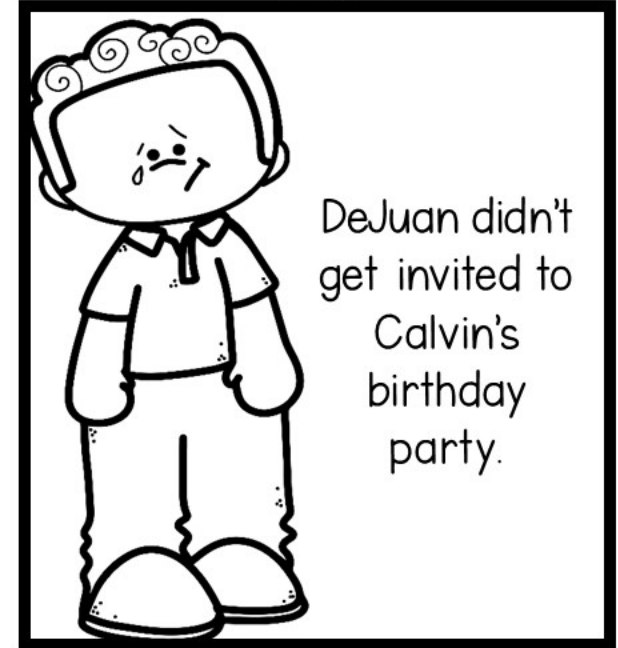
How could you give each of these friends a compliment to cheer them up?



Harriet feels embarrassed about her new haircut.



No one picked Juan to play on their soccer team at recess.



DeJuan didn't get invited to Calvin's birthday party.

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

# I can keep a safe body.

Describe one way that you can keep a safe body in each of these places.



## At recess



---

---

---

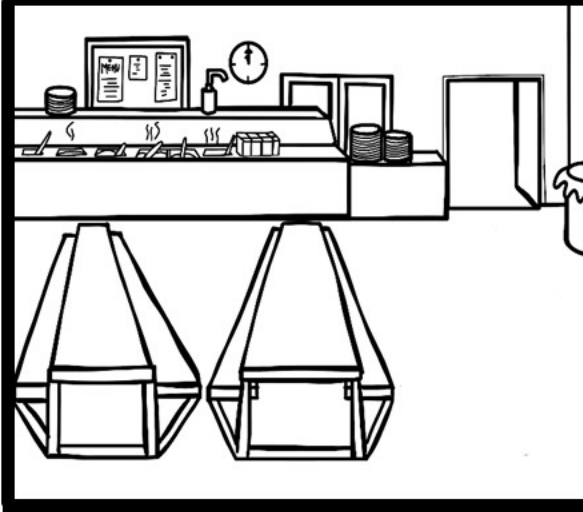
---

---

---

---

## At lunch



---

---

---

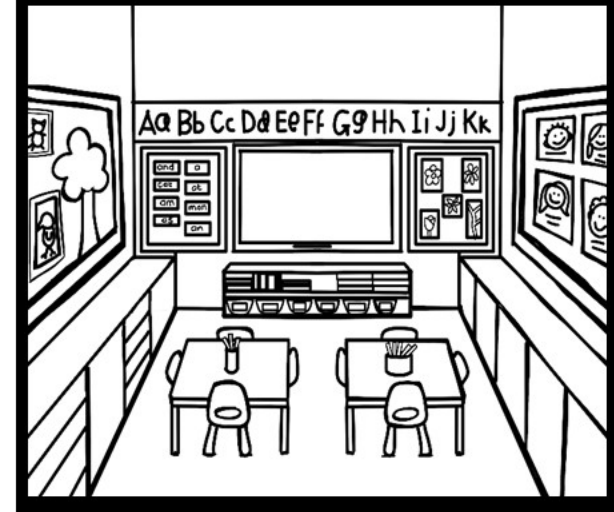
---

---

---

---

## In class



---

---

---

---

---

---

---



# I can make eye contact.

Write and draw about three reasons why eye contact is important.



---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

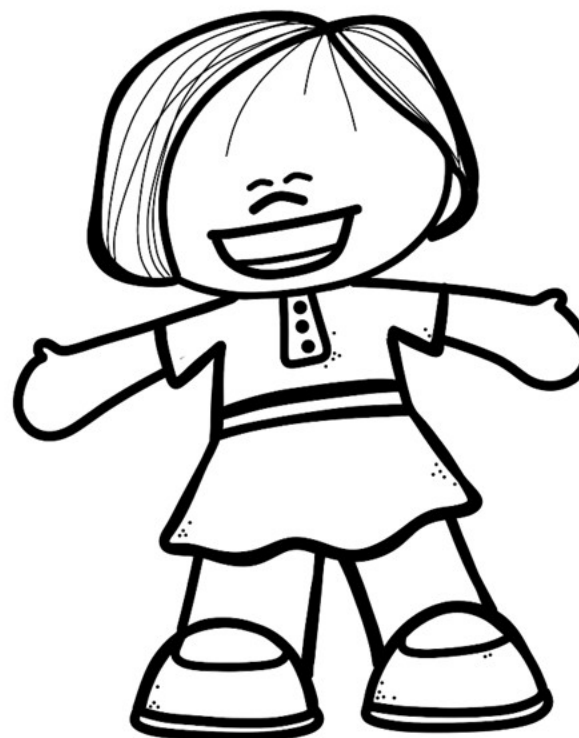
---



# I can respect personal space.



Draw a "space bubble" around these friends. Write about why respecting personal space is important.



---

---

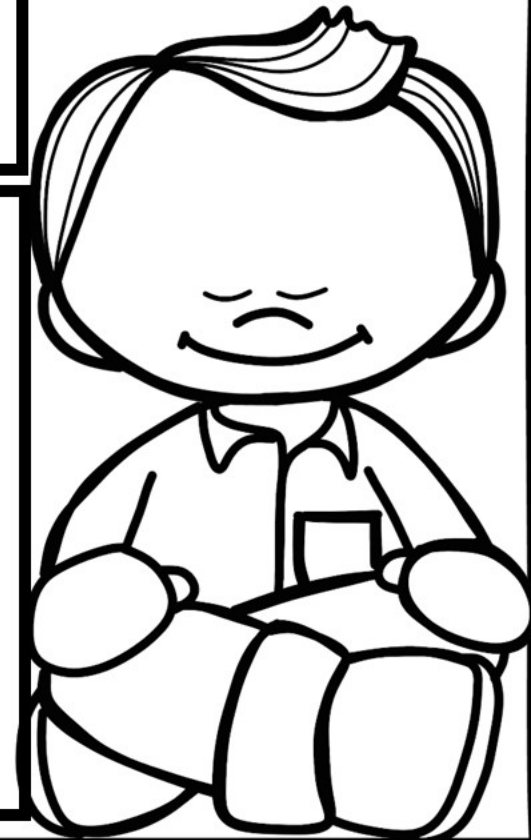
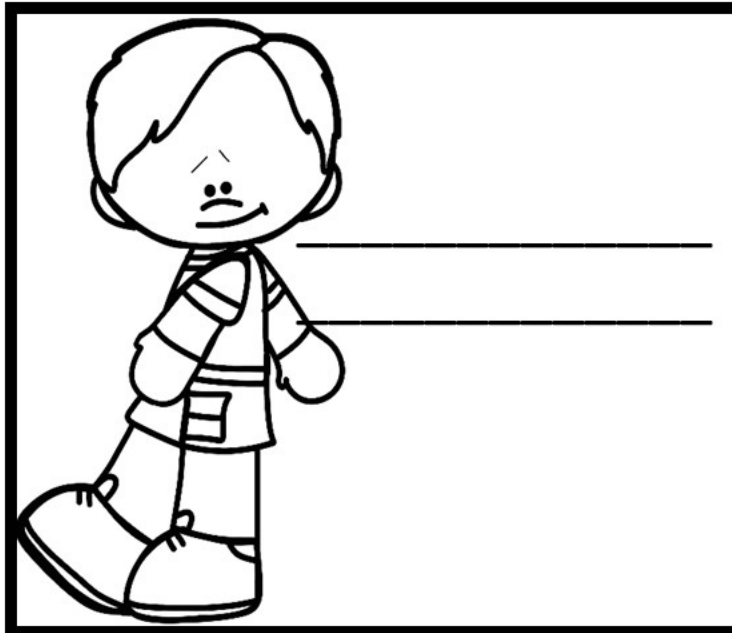
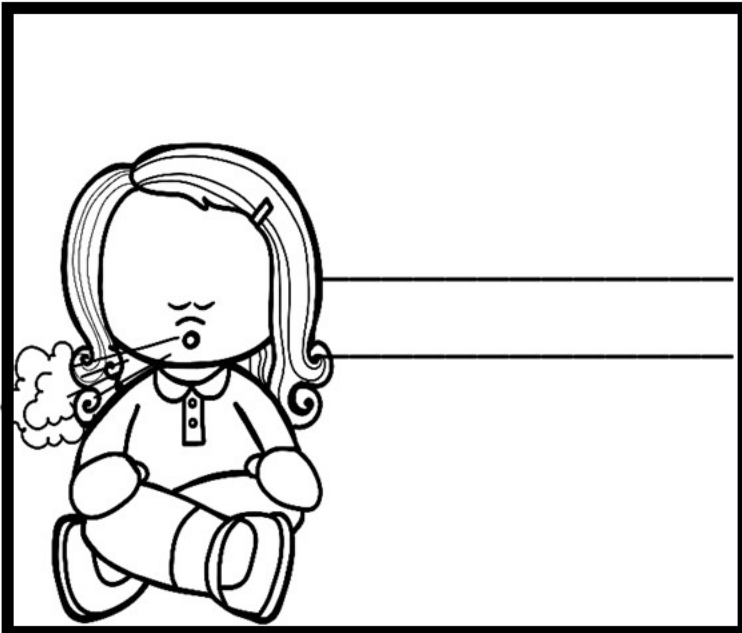
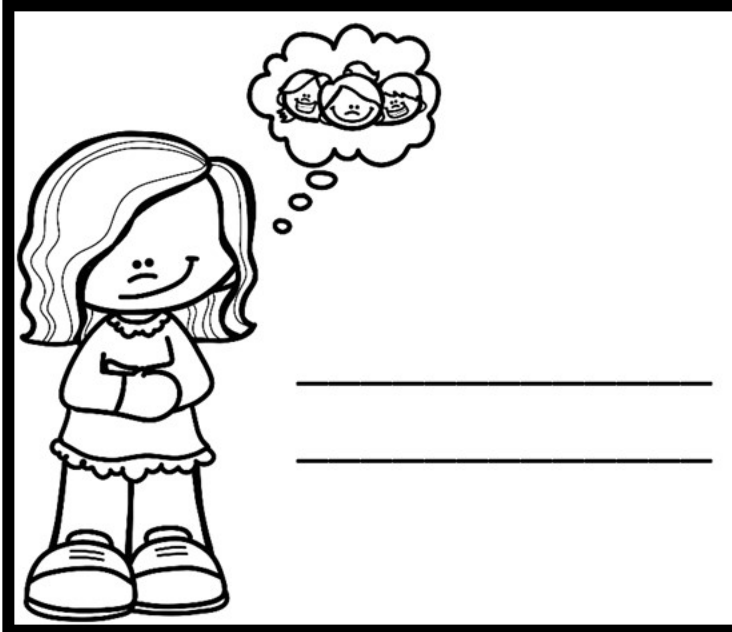
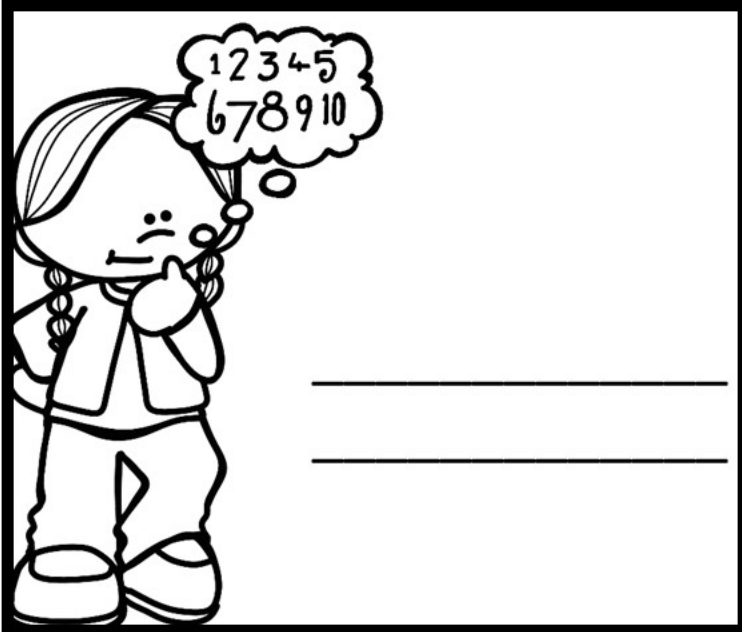
---

---

# I can calm down.



Label each calm down strategy and circle which ones are the most helpful to you.





# I can use I-Messages.



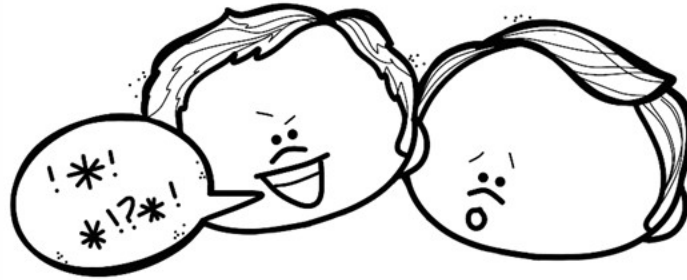
How could you solve each of these problems using an I message?



---

---

---



---

---

---

I felt...  
when you...  
can you  
please...?



---

---

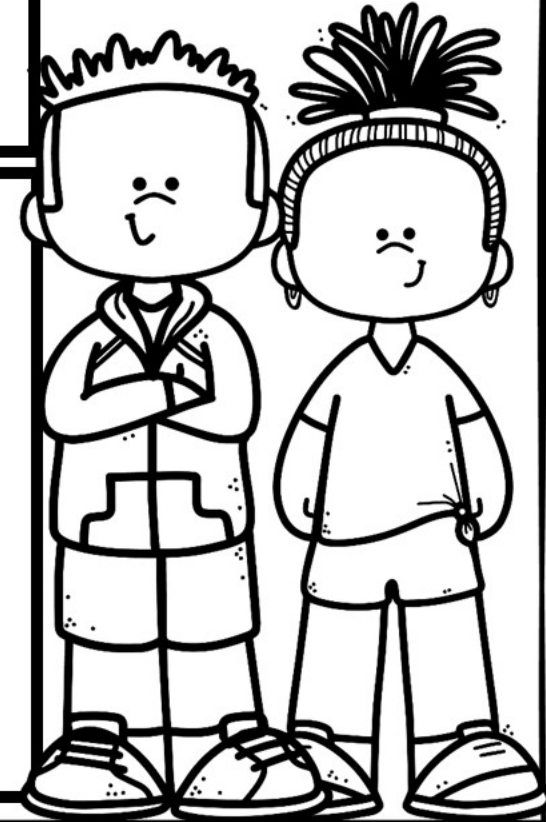
---



---

---

---



# I can apologize.



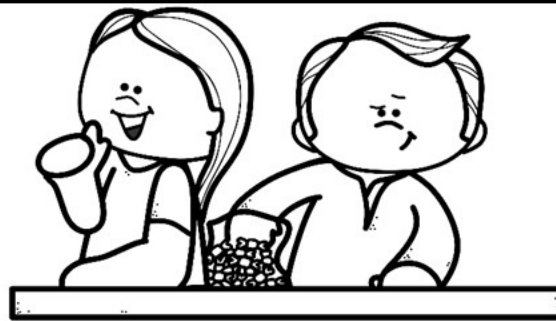
How could you give a genuine apology in each of these situations?



---

---

---



---

---

---

I'm sorry for

---

I promise

---



---

---

---



---

---

---



# I can respect differences.

## I am special, I am me!

Answer the questions below then share your responses with a partner. Notice the answers that you have in common and the answers that are different from your partner. Let's celebrate what makes us unique!

1. When is your birthday? \_\_\_\_\_
2. What language do you speak at home? \_\_\_\_\_
3. What holidays does your family celebrate? \_\_\_\_\_  
\_\_\_\_\_
4. Do you know where your ancestors came from? If so, where? \_\_\_\_\_
5. What is your favorite thing to do after school? \_\_\_\_\_  
\_\_\_\_\_
6. What is your favorite sport? \_\_\_\_\_
7. Who is your favorite musical artist? \_\_\_\_\_
8. What is your favorite subject in school? \_\_\_\_\_
9. What do you want to be when you grow up? \_\_\_\_\_
10. If you could go anywhere in the world, where would you go? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_







# TERMS OF USE:



## YOU MAY...

make copies for the purchaser's classroom AND share copies with other educators in your school building; reference (without distribution) this product in blog posts, seminars, PD, workshops, or other such venues provided there is both credit given to myself as the author and a link back to my TpT store included in the post/presentation; share this resource with teachers and parents at your school via email, hard copy, or on a protected website such as Google Classroom or Seesaw

## YOU MAY NOT...

claim the work as your own, alter the files in any way, or remove/attempt to remove the copyright; share this product with educators outside of your school building; repackage, sell, or give away this product for others.

